

Family Resource Youth Service Centers

REGION 1

BEST PRACTICES HANDBOOK

Summer 2010 Edition

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Introduction:

This document has been established to help all FRYSC's with new ideas and innovative ways to assist students and families.

It will be updated twice a year, around January and July. For submissions-please fill in the form below, copy and paste into an e-mail and send it to

michelle.hansen@calloway.kyschools.us

FRYSC Best Practices

| | |
|---------------------|--------------------|
| Region #: | Center Type: FRC |
| Center Name: | |
| School District: | Coordinator Phone: |
| Coordinator Name: | |
| Coordinator E-Mail: | |

Component 1 Addressed:

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title:

Description:

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost:

Goals/Outcomes Achieved:

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

Preschool Child Care Component

None yet!

Afterschool Childcare for Children 4-12 (Summer Program)

Summer Slide

After School 4-H Projects Club

Academic Mentoring

Life's Adventure Camp

BABES (Be A Better Educated Student)

KFC (Kids For Community)

Art Club

Y's Guys

Child Care Resource Boxes

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Jonathan-South Family Resource Center | |
| School District: Marshall County | Coordinator Phone: (270) 354-6450 |
| Coordinator Name: Melanie Thompson | |
| Coordinator E-Mail: Melanie.thompson@marshall.kyschools.us | |

Component 1 Addressed: **Summer Programs**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Summer Slide**

Description: We planned three separate days during the summer for our “Summer Slide” program. Each one of the days we brought in special presentations. We had a drama workshop, an obstacle course provided by the health department and story time provided by the library. We also did “fun” but educational classroom activities each day. We provided lunch and snacks. We had outgoing 5th grade girls to help each day of the program, and we paid them. We sent forms home before school was out explaining the program and asking them to send the permission slip in if they were going to participate. We ordered t-shirts for each child that participated in the program.

Planning Time: 10 Hours

Length of Time for Activity/Program: 3 days—4 hours each day

Collaborative Partners: Marshall Co. Health Department, Marshall Co. Public Library

Project Cost: \$1480.00

Goals/Outcomes Achieved: To encourage summer reading and help retain information during the summer. We also wanted to provide children the opportunity to attend a summer program. We had great attendance each day, and feel that each child that attended was more prepared for the new school year.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Ronald McDonald Educational Grant

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Todd County Family Resource Center | |
| School District: Todd County | Coordinator Phone: (270) 265-3144 |
| Coordinator Name: Sarah Evans | |
| Coordinator E-Mail: Sarah.evans@todd.kyschools.us | |

Component 1 Addressed: **After School Child Care for Children 4-12**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **After School 4-H Projects Club**

Description: Students grades 3-5 are able to stay after school monthly for a 4_H Club meeting that works on a monthly craft project. The best examples of the craft are kept to enter in the county 4-H fair, and may then be selected to compete in the KY State Fair. This is a normal 4-H club with elected officers and a business meeting. Transportation is not provided. Members of the teen council assist.

Planning Time: Projects are selected for the entire year during the summer, supplies are purchased. The 4-H agent helps select the projects so that they are eligible to be entered into the 4-H Fair.

Length of Time for Activity/Program: 3:00-4:15

Collaborative Partners: 4-H Extension Agent, 4-H teen council members

Project Cost: Varies from month to month, depending on project. Most projects are kept under \$1.00 each. Many projects are purchased from S & S.

Goals/Outcomes Achieved: Approximately 60 students participate in the club meeting each month.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: KAPS FRYSC | |
| School District: Hickman Co | Coordinator Phone: (270) 653-2291 |
| Coordinator Name: Vickie Batts | |
| Coordinator E-Mail: vickie.batts@hickman.kyschools.us | |

Component 1 Addressed: After School Child Care

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|------------------------|-------------------|---------|
| Reaching Proficiency | Community Partnerships | Educational Support | General | General |

Project Title: Academic Mentoring

Description: Community members are paired up with elementary students (could work for middle school also) to provide positive interaction, encouragement in their school work/life and assistance with academic skills. The adult leaders meet with the students in a group setting, one afternoon a week for one hour. The first few minutes of the afternoon are spent having a snack and talking with each other. The remainder of the time is spent on helping with homework or working on a particular skill they need help with either one on one or in small groups.

Planning Time: About 30 minutes each week, getting information from the child's teacher on what they need to work on that week.

Length of Time for Activity/Program: 1 hour

Collaborative Partners: Teachers, community members

Project Cost: Money for snacks if you provide them

Goals/Outcomes Achieved: To enhance school performance increase self-esteem

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Family Connections Family Resource Center | |
| School District: | Coordinator Phone: (606)-355-2129 |
| Coordinator Name: Diana Messer | |
| Coordinator E-Mail: tdmesser@hotmail.com | |

Component 1 Addressed: **Afterschool Child-Care**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Life's Adventures Day Camp**

Description: Life's Adventure's Day Camp is a week of education, fun and hands on activities. Five days in July for children in grades K-6. Older youth volunteer as helpers and are paired with an adult volunteer to assist with each class of children. The children are divided into four different groups and the groups rotate to each of the four activities in the morning sessions. After lunch the groups divide into two groups and attend arts and crafts, music and backyard bible school. Some of the activities offered were: puppet show, paper making, dog safety, nutrition, Beware of Look-a-Likes(product safety), measurements, seat belt safety, behavior skills, electric safety, Canada presentation, rocks and minerals, drama, the Holy Land, environmentalist, disaster awareness, conflict resolution and drug and alcohol abuse prevention.

Planning Time:

Length of Time for Activity/Program: 10:00am to 2:30pm for a week

Collaborative Partners: Cooperative Extension Service, Family Development and Management, Children's Hunger Fund, Watts Chapel Church members and Crab Orchard community members

Project Cost: Transportation was the responsibility of the parents, church and community people served as volunteers, agencies and community people gave the presentations and lessons, no charge for the week of camp.

Goals/Outcomes Achieved:

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Lunch was provided by the Children's Hunger Fund-\$650

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: HOPE Family Resource Center | |
| School District: Christian Co. | Coordinator Phone: (270) 887-1225 |
| Coordinator Name: Ron Gager | |
| Coordinator E-Mail: ron.gager@christian.kyschools.us | |

Component 1 Addressed: After School Child Care

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: BABES (Be a Better Educated Student)

Description: Students are introduced to techniques for studying, listening, and being an overall good student. The students who participate had to earn a certain number of points to go on a trip at the end. They could earn points through attendance, participation, and individual or group projects.

Goals: Students who participated in BABES will be able to be introduced to techniques for studying, listening, and being an overall good student. The students will also be introduced to drug prevention ideas and learn ways to be a good citizen in their community.

Planning Time: 1 hour for each session.

Length of Time for Activity/Program: 1 ½ hours

Collaborative Partners: Ron Gager and Paulette Robinson

Project Cost: \$1220.00

Goals/Outcomes Achieved: The BABES program met most of their goals during the year. We were very pleased with parent participation but that could and should improve. The students who earned the points at the end were rewarded with a trip to Opryland. The students showed some progress academically as a whole.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Donations from PTA, fundraisers and Club Fee

FRYSC Best Practices

| | |
|--|---|
| Region #: 1 Center Name: Lowes Family Resource Center School District: Graves County Coordinator Name: Shanda Abbott Coordinator E-Mail: | Center Type: FRC Coordinator Phone: (270) 674-5100 |
|--|---|

Component 1 Addressed: After School Child Care

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Kids for Community (KFC)

Description: At least 10 fifth and sixth grade students that do not participate in extracurricular activities are referred by their teachers. Students were in charge of Cal’s Coats for Kids, Fall Food Drive, and Christmas Hygiene Bags for nursing homes and Red Cross Youth boxes. We met after school monthly during the school year. These students felt “important” because of their responsibilities thus boosting their self-esteem. Also community service was experienced.

Planning Time: 8 Hours

Length of Time for Activity/Program: 2 hours for each session

Collaborative Partners:

Project Cost: All items were donated for the Christmas Bags. There was no other cost involved on any other project.

Goals/Outcomes Achieved: To choose at least 10 students that did not participate in any extracurricular activities and that needed a self-esteem boost. Students and teachers responded positively to this activity.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRYSC |
| Center Name: ASK Family Resource Youth Service Center | |
| School District: Trigg County | Coordinator Phone: (270) 522-2212 |
| Coordinator Name: Janice Boyd | |
| Coordinator E-Mail: Janice.boyd@Trigg.kyschools.us | |

Component 1 Addressed: Afterschool Childcare

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Art Club

Description: Art sessions were conducted weekly on Tuesdays, Wednesdays and Thursdays for grades 1-5. Art supplies were provided. Parents and the cafeteria program supplied snacks.

Planning Time: varies

Length of Time for Activity/Program: 1 hour

Collaborative Partners: Sandy Burnett, FRYSC Assistant

Project Cost: Art Supplies, Snacks

Goals/Outcomes Achieved: 1. Provide enrichment, recreational activities for elementary students. 2. Help alleviate “latch key” issues 3. Promote interest and encourage participation in “arts” 4. Build student’s self-esteem through self-expression.

Forty five students received weekly enrichment sessions throughout the school year.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Pennyville Arts Council, Parents, Cafeteria Afterschool Program

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Lowes FRC, Sedalia-Farmington FRC, SAFE FRC | |
| School District: Graves County | Coordinator Phone: (270) 674-5100 |
| Coordinator Name: Shanda Abbott, LaDonna Allred, Lisa Chappell | |
| Coordinator E-Mail: | |

Component 1 Addressed: After-School Child Care

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
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Project Title: Y's Guys

Description: This program is an affordable after schools child care program for parents. It is on site at our schools. This program is for student's grades k-6. Students have homework time, snack time and play time. The program lasts until 6:00 p.m. each day that school is in session.

Planning Time: At start up 6 months, after program gets started the YMCA takes care of all the planning.

Length of Time for Activity/Program: 175 days per year, three and one-half hours per day.
Collaborative Partners: YMCA, Lowes FRC, Sedalia-Farmington FRC, SAFE FRC, Schools

Project Cost: the YMCA takes care of all staff costs and the schools provide the space.

Goals/Outcomes Achieved:

Goals- To provide a safe, enriching, and convenient child care facility for local parents at an affordable price.

Outcomes Achieved- An average of 12 students are being served per day at the four school sites. Some centers serve 25 per day and some 5 per day. Some of the programs are newer than others and are expected to grow when school starts back. Feedback from parents, students, faculty and staff has been very positive.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: YMCA< Child Care Block Grant, School System

FRYSC Best Practices

| | |
|-----------------------------------|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Wingo-Fancy Farm FRC | |
| School District: Graves County | Coordinator Phone: (270) 376-2491 |
| Coordinator Name: Tara Jones | |
| Coordinator E-Mail: | |

Component 1 Addressed: Support & Training for Child Care Providers

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Child Care Resource Boxes

Description: Resource centers purchase materials to fill large plastic storage boxes. Materials included books, tapes, pamphlet's, educational toys, etc. These boxes are then distributed to local child care providers for use in their programs. At the beginning of each school year, canters will receive new materials.

Planning Time: estimated 2-5 hours

Length of Time for Activity/Program: 5-10 hours, including purchasing and delivering materials.

Collaborative Partners: Lowes FRC, Symposia-Farmington FRC, Sedalia-Cuba FRC, and FACE FRC

Project Cost: \$300.00-\$500.00

Goals/Outcomes Achieved:

Goals- To provide child care providers with additional resources material; to build and strengthen relationships with child care staff members in order to facilitate future projects.

Outcomes Achieved- As this is a new project for our district, outcomes have not yet been determined.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

Families in Training:

Early Childhood Parent Training/ Parent Guides for KY Early Childhood Standards
Calling All Parents
RIF (Reading is Fundamental)
Keys to Great Parenting/Parenting Binder
Helping Hands
Focus on Families
Mom's Club
Boo Hoo Breakfast
World's Biggest Baby Shower
New Student Packs
Family Reading Night
Leap to Literacy
Building Bridges Breaking Barriers
Family Store
Born to Read
POP's Calendar
PTC Presentation
Parent Power
Early Head Start Picnic/Families and Friends Orientation
New Babies
Mom's Club
Breakfast Bunch/Lunch Bunch
I Am Your Child
PEPI (Parent Educational Program Incentive)

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Central Family Resource Center | |
| School District: Graves County | Coordinator Phone: (270) 247-4626 |
| Coordinator Name: Juliana Reyes De Nunez | |
| Coordinator E-Mail: Juliana.reyes@graves.kyschools.us | |

Component 1 Addressed: **Families in Training**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|---------|
| General | General | General | General | General |

Project Title: Early Childhood Parent Training/Parent Guides to the KY Early Childhood Standards

Description: The annual parent workshop was developed to assist parents implement learning activities at home that are developmentally appropriate and correlate with the Kentucky Early Childhood Standards. The guides are written in a parent friendly format and explain ways that they can help their child develop skills in all areas of development. At the workshop, we used the guides as a basis for helping the parents understand the developmental stage of their child and explore many activities that they can implement in the home to help their child learn. The parents shared their ideas for learning activities and materials they could use at home and then they selected materials and explained how they would use them to teach their child at home.

Planning Time: 1 week

Length of Time for Activity/Program: 2 hours per training

Collaborative Partners: Carol Elder, Preschool Coord., Head Start, KY Migrant Even Start

Project Cost: Tags \$150 Learning Material, \$40 Refreshments

Goals/Outcomes Achieved: Help understand how the children are growing and learning; Helps plan special activities for children that can assist in growing and learning; build a strong foundation for school success.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source: FRC Grant

Date: 06-10-09

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: James Larmouth Family Resource Center | |
| School District: Hopkins County | Coordinator Phone: (270) 383-4753 |
| Coordinator Name: Janet Nichols | |
| Coordinator E-Mail: Janet.Nichols@hopkins.kyschools.us | |

Component 1 Addressed: **Families in Training**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Calling All Parents**

Description: The Many parent workshops combined in one night.

Planning Time: 3 week

Length of Time for Activity/Program: Varies, approx. 2 ½ hours

Collaborative Partners: Other FRC's and Community Agencies

Project Cost: None

Goals/Outcomes Achieved: Parents are able to communicate with other agencies as well as with us, to establish a good foundation for their families. The families also learn very valuable lessons, such as budgeting, good eating habits, and helping children with their homework. We believe that these workshops nurture family's needs as well as their concerns and allow them to grow. They also encourage the children to continue their education and become well educated, successful families themselves.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Local food banks and agencies donated food and door prizes.

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Indian Hills Family Resource Center | |
| School District: Christian County | Coordinator Phone: (270) 887-1263 |
| Coordinator Name: Gay Hanson | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Families in Training**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **RIF (Reading is Fundamental)**

Description: Students come to the FRC 3 times a year for the book distribution every class has an assigned time to get books. Parent volunteers return to the classroom and read a story or part of a chapter to the class (if it fits into the teacher's schedule). Optional—books are distributed at a school function with parent present as child selects a book.

Planning Time: 6 hours—Grant writing, 8 hours –ordering books, ½ hour paperwork after each distribution, 3 hours to contact parent volunteers, 3 hours preparation of list to use for distribution, 3 hours of getting books out and organized for give-a-way

Length of Time for Activity/Program: 3 days per year to distribute books

Collaborative Partners: Federal Government Grant pays ¾ costs of books, PTO, School and FRC, Community pay ¼ costs.

Project Cost: Depends on School Size. School must pay 1/4

Goals/Outcomes Achieved: To provide students with books. Parents will read to and with their children, building bonds and improving reading skills. Students have at least 3 books of their own to take home.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Federal Grant

FRYSC Best Practices

| | |
|---|---|
| Region #: 1 Center Name: STARS FRYSC School District: Carlisle County Coordinator Name: Kathy O'Neill Coordinator E-Mail: | Center Type: FRYSC Coordinator Phone: (270) 628-3800 |
|---|---|

Component 1 Addressed: **Families in Training**

Component 2 Addressed: **Health Services**

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Keys to Great Parenting/Parenting Binder**

Description: Distribute parenting binder containing Keys to Great Parenting Handouts and Monthly updates on baby's development from birth to 3 years

Planning Time: Just calling parents

Length of Time for Activity/Program: 5 minutes to hand out binder

Collaborative Partners: Extension Office

Project Cost: Donated from Extension Office

Goals/Outcomes Achieved: Inform families about baby's development and health.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Grapevine FRC | |
| School District: Hopkins | Coordinator Phone: (270) 825-6012 |
| Coordinator Name: Tonja Simms | |
| Coordinator E-Mail: tonja.simm@hopkins.kyschools.us | |

Component 1 Addressed: Families in Training
 Component 2 Addressed: Preschool Age Child Care

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Helping Hands**

Description: Monitoring child development for new and expectant parents

Planning Time: Summer Planning

Length of Time for Activity/Program: Summer Planning

Collaborative Partners: Health departments, Trover clinic, hospital foundations

Project Cost: \$200.00

Goals/Outcomes Achieved: Workshop will help demonstrate activities in which parents can do with their children.

Which Standards and Indicators are addressed? Families in training

Outside Funding Source? X Yes No
 Specify Funding Source:

FRYSC Best Practices

| | |
|------------------------------------|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Heart to Heart | |
| School District: Crittenden County | Coordinator Phone: (270) 965-4234 |
| Coordinator Name: Kathryn Turner | |
| Coordinator E-Mail: | |

Component 1 Addressed: Families in Training

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Focus on Families

Description: Once a month participating agencies meet to address the needs of families, recruitment, and retention. Agencies give an update on their activities/referrals for the needs of that family. (Nominated families are contacted prior to meetings to see if they want to participate in FOF.) This allows other agencies to discover needs they may not be aware of and to avoid duplicating services.

Planning Time:

Length of Time for Activity/Program: 1 1/2 hours

Collaborative Partners: Even Start, Head Start, Migrant Education, Adult Education, Family Literacy, and Crittenden County Community Based Services.

Project Cost: None

Goals/Outcomes Achieved: To improve the quality of service directed towards the needs of families.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No
Specify Funding Source:

FRYSC Best Practices

| | |
|-------------------------------|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: ASK FRYSC | |
| School District: Trigg County | Coordinator Phone: (270) 522-2207 |
| Coordinator Name: Janice Boyd | |
| Coordinator E-Mail: | |

Component 1 Addressed: Families in Training
 Component 2 Addressed: Parent and Child Education

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Mom’s Club

Description: Group meets once a week. FRYSC provides materials, literature, copier, postage, refreshments, transportation, and facilities to discuss parenting issues.

Planning Time: Varies

Length of Time for Activity/Program:

Collaborative Partners:

Project Costs: postage, refreshments, transportation, and facilities

Goals/Outcomes Achieved:

- Goals-
1. Provide educational and developmental materials and information to young mothers
 2. Encourage moms supporting other moms
 3. Provide parent/child interaction time

Outcomes achieved- Parents are being educated on a variety of issues.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Board of Education, 4-H Extension Office, Health Department, Resource Mothers

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Dorothy Kingston | |
| School District: Christian | Coordinator Phone: (270) 887-7292 |
| Coordinator Name: Barbara Meriwether | |
| Coordinator E-Mail: barbara.meriwether@christian.kyschools.us | |

Component 1 Addressed: Families in Training

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------------|-------------------|---------|
| Transition Programs | Community Partners | FRC Components | General | General |

Project Title: Boo Hoo Breakfast

Description: The separation anxiety between kindergarten parents and their child are often made worse by the parent staying in the classroom. This breakfast gives the parents an opportunity to meet and share with other parents, as well as a way for the school staff and family resource to encourage them to make the separation quickly.

Planning Time: 2 weeks

Length of Time for Activity/Program: one hour

Collaborative Partners: Title One and Community

Project Cost: 0

Goals/Outcomes Achieved: Parenting information given to each kindergarten present. Parents will begin to release the stress of being separated from their kindergartner by networking among other kindergarten parents. Kindergarten staff to have more greeting time with their students.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Title One Funding

Date: 7-03-07

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #:1 | Center Type: FRC |
| Center Name: Todd County FRC | |
| School District: Todd | Coordinator Phone: (270) 227-9055 |
| Coordinator Name: Sarah Evans | |
| Coordinator E-Mail: sarah.evans@todd.kyschools.us | |

Component 1 Addressed: Families in training

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|------------------------------|-------------------------------|----------------|-------------------|-------|
| | Parent Education | FRC Components | | |

Project Title: World's Biggest Baby Shower

Description: The annual World's Biggest Baby Shower has speakers on topics such as dental care, otc prescriptions, car seat safety, and shaken baby syndrome, etc. exhibitor booths with parenting information for the new and expectant parents.

Planning Time: 4 Planning meetings

Length of Time for Activity/Program: 5:30-8:30 p.m. plus set up and clean up

Collaborative Partners: Extension Service Youth Services Center, Health Dept., WAHEC

Project Cost: \$400.00

Goals/Outcomes Achieved: New and expectant parents receive valuable parenting information

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: WAHEC

FRYSC Best Practices

| | |
|---|---|
| Region #: Center Name: Wingo-Fancy Farm FRC School District: Graves County Coordinator Name: Tana Jones Coordinator E-Mail: | Center Type: FRC Coordinator Phone: (270) 376-2491 |
|---|---|

Component 1 Addressed: Parent Involvement
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: New Student Packs

Description: As new students enroll in my schools, they receive a “New Student Pack” from the resource center. I had bags printed to say “Welcome to Wingo Elementary” or “Welcome to Fancy Farm Elementary.” Each bag contains items with information about the resource center (pencil, notepad, brochure, business car, and magnet).

Planning Time: I usually spend 2-3 hours filling enough bags to supply me throughout the school year.

Length of Time for Activity/Program: 10-15 minutes as a new student comes in.

Collaborative Partners: Guidance counselors, office staff at the schools.

Project Cost: \$420 for 750 Bags; \$175 for 500 notepads; \$40 for 2000 business cars; \$52 for 1000 brochures; \$390 for 2500 pencils; \$336 for 1000 magnets (these supplies will last me for several years)

Goals/Outcomes Achieved:

Goals- To make new students and their families aware of the resource center and the services it offers

Outcome Achieved- Parents receive a warm welcome to a new community and school; they are informed of the resource center’s involvement with the school; they are invited to participate in what the resource center has to offer.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

*NOTE: I also provide these bags for all kindergarten students at the beginning of the year.

FRYSC Best Practices

| | |
|------------------------------------|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Jonathan-South FRC | |
| School District: Marshall County | Coordinator Phone: (270) 354-6450 |
| Coordinator Name: Melanie Thompson | |
| Coordinator E-Mail: | |

Component 1 Addressed: Parent Involvement
 Component 2 Addressed: PACE

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Family Reading Night

Description: For our spring reading night we invited Leigh Ann Florence, from Shepherdsville KY to come and spend the day with us. She did an assembly first thing in the morning. We divided the assembly into two groups K-2 and 3-5. She introduced herself and her “wiener dogs, “Woody and Chloe. Then for library tune each class enjoyed a presentation by Leigh Ann and her dogs. Her presentations included Five Ways to improve writing and five ways to be successful. For Family Reading Night she did another presentation for the entire family. Her books are for sale during the day and she will sign them for the children. We had refreshments and gave away books to the children at the conclusion of each night

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners: Librarian at our school

Project Cost: Library paid for Leigh Ann- \$675.00 FRC paid for refreshments and door prizes/books- \$75.00

Goals/Outcomes Achieved:

Goals- The children will get the chance to meet a “real” author and have her sign their books. This is a great way to encourage reading and have family fun!

Outcome- We had the largest attendance we have ever had for reading night.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|---------------------------------------|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: F.A.C.E. FRC | |
| School District: Mayfield Independent | Coordinator Phone: (270) 247-0313 |
| Coordinator Name: Nancy Parks | |
| Coordinator E-Mail: | |

Component 1 Addressed: Family Literacy

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Leap to Literacy

Description: We provided backpacks for the kindergarten students and their parents. These backpacks contain either Leapfrog Learning Pads & books (of their choice), or books on tape (with a hard copy of the book) & a cassette player with head phones. Teachers can opt to send this home with the child, or children and parents can check them out. Because of the limited English proficiency of some of our parents, this allows parents who could not usually read with their children the ability to do so. This also benefits limited proficiency parents by helping them learn to read along with their child.

Planning Time: Minimal

Length of Time for Activity/Program: Outgoing throughout the school year

Collaborative Partners: Kindergarten teachers

Project Cost: The first year cost us approximately \$500 in backpacks, leapfrogs, Leap books, & cassette players (books on tape were provided by the school). We added 4 new Leap Pad books each year, so after the first year it is only about \$60-\$100 depending on the need to replace items that are broken.

Goals/Outcomes Achieved:

Goals: 1. To provide parents with limited reading skills the ability to help their child learn to read while also increasing their own reading skills. 2. To assist children who may be behind in learning to read. 3. To encourage reading in the home.

Which Standards and Indicators are addressed?

Outcomes achieved: Last year over 75% of kindergartners participated in Leap for Literacy. Teachers reported that reading skills increased in the children who regularly utilized the backpacks. Teachers also reported that several parents commented on the helpfulness of the material

Outside Funding Source? X Yes No

Specify Funding Source: Migrant Education Services

East College Elementary Schools (books on cassette)

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #:1 | Center Type: FRC |
| Center Name: F.A.C.E. FRC | |
| School District: Mayfield Independent | Coordinator Phone: (270) 247-0313 |
| Coordinator Name: Nancy Parks | |
| Coordinator E-Mail: nparks@mayfield.k12.ky.us | |

Component 1 Addressed: Family Literacy, Parent Involvement
 Component 2 Addressed: Intercultural Awareness

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Building Bridges Breaking Barriers

Description: Hispanic parents (both Spanish speaking and English fluent) and American parents are paired together. They exchange family information, address, phone numbers, birth dates etc. When special events are held at the schools, or parents have a question about the town, cultural issues, or special school projects, they contact each other. At least 4 special events are held throughout the year to encourage the families to come together and to encourage learning about each other's cultural. We have an even around Halloween, Christmas, Valentine's Day, and in April. Food is always provided to encourage attendance. Invitations are sent to the homes of the families, and phone calls are made the day prior to the event to encourage as much participation as possible. Special volunteers help translate for parents both during events and in written communications between families.

Planning Time:

Length of Time for Activity/Program: We make a point of having thematic decorations for each special event-so special decoration in the themes of Halloween, Christmas, Valentines, & spring.

Paper Products- Plates, Utensils, Napkins, tablecloths

Food- Food to feed 30 for 4 events, soft drinks

Laminated family I.D. cards are to be exchanged between family pairs

Interactive "game" materials for ice-Breakers /activities at events

Invitations (computer generated) & bulletins for each event & for recruit.

Collaborative Partners:

Project Cost: Maximum costs are \$750 in food and materials for the entire year. All costs are split equally between the collaborative partners. After the first year cost are cut because of on-hand materials.

Goals/Outcomes Achieved:

Outcomes: -Hispanic families shown increased knowledge of the English language

- Parents in the program are more aware of school events, programs, and activities within the school
- Increased participation of parents in the school environment
- Increased awareness of both Americans and Hispanics of the other's culture.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|------------------------------------|---------------------------------|
| Region #: 1 | Center Type: FRYSC |
| Center Name: Family Focus FRYSC | |
| School District: Ballard County | Coordinator Phone: 270-665-8400 |
| Coordinator Name: Stephanie Hooper | Coordinator E-Mail: |

Component 1 Addressed: Families in Training

Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Family Store

Description: The “Family Store” stocks non food stamp approved items (personal and household). It is housed in the Family Support office and operated twice weekly. All families have access to the family store by receiving family bucks to purchase items. Families earn their bucks by being more actively involved in the children’s educational and social development. Each family buck is equal to the buying power of \$2.00 cash. The family bucks are distributed by school officials, family support case workers and Ballard Co. health department staff. The schools award family bucks to each adult family member for participating in Back to School Orientation; Parent/Teacher Organizations and Preschool Parent Group Meetings; Admissions and Release Committee Meetings; Parent/Teacher Conferences and Volunteering. Family Support Case Workers award family bucks to each adult family member for keeping recertification appointments and being responsible for providing all requested verification materials. The Health Department awards family bucks to each adult family member for meeting their children’s medical needs.

Planning Time: Depends on number of families served and agencies that wish to participate.
Length of Time for Activity/Program: Ongoing

Collaborative Partners: DCBS, Ballard Co. Migrant Program; Ballard Co. Health Depart.
Ballard Co. Schools

Project Cost: Approx. \$700 start up and \$150 replenishing monies as needed

Goals/Outcomes Achieved: Encourage parents to support their children’s educational and social development; Parents receive incentive as they take a more active role in their children’s lives; program reaches all families regardless of income; outreach of those families who wish to forgo their incentive to give extra to those in need.

Which Standards and Indicators are addressed?

Outside Funding Source? YES X NO Specify funding source: His House and The Reel Restaurant

FRYSC Best Practices

| | |
|--|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: HOPE Family Resource Center | |
| School District: Caldwell County | Coordinator Phone: 270-365-5554 |
| Coordinator Name: Pam Bates | Coordinator E-Mail: |

Component 1 Addressed: Families in Training

Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Born to Read

Description: Caldwell County newborns will receive a Born to Read bag that is filled with a bib and a book for the newborns. Also included is parenting information. At the baby's six-month check-up at the local doctor's offices or health department, babies receive a fold with another free book, and more reading and developmental information for the parents. At the one year check-up with the doctors or the health department, babies take home more reading tips. They are also presented with a Happy Birthday card, a magnetic picture frame, and an application for a library card to be taken to the library to receive a third complimentary book.

Planning Time: 2 months

Length of Time for Activity/Program: On-going

Collaborative Partners: Claire Boone, Jeanne Davis

Project Cost: The HOPE Center's financial contribution was approximately \$200. The community has provided the rest of the funds. A lot of the supplies that were ordered got us through almost a year and a half. Total first year cost was \$5668.29; Books-\$2260.41; Labels\$226.70; Bibs \$729.28; Stamped 2 Pocket Folders \$950.16; Brochures-\$154; Posters \$204; Magnets \$376.18; Litterbags \$430.51; Stamped Manila Folders \$70; Letterhead and envelopes, other-\$40.05

Goals/Outcomes Achieved:

Which Standards and Indicators are addressed?

Outside Funding Source? YES X NO Specify funding source: Hospital, health department, board of education, literacy program, doctor's offices, banks, civic clubs, local education association

FRYSC Best Practices

| | |
|---|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Todd County Family Resource Center | |
| School District: Todd County | Coordinator Phone: 270-265-3144 |
| Coordinator Name: Sarah Evans | Coordinator E-Mail: |

Component 1 Addressed: Families in Training

Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: POP's Calendar

Description: The district prepares a POP's (Parent's Opportunity Program) Calendar each summer. The calendar has dates of all events in the district (4 schools) so that parents will know what is going on. The backs of the calendar pages have information about the schools and all of the programs. We have this professionally printed and give calendars out of all students on the first day of school. All of the programs get together to plan monthly parenting programs.

Planning Time: It is hard getting dates from the schools. They don't like to set dates in advance.

Length of Time for Activity/Program: 12 months

Collaborative Partners: FRC actually prepares the calendar but the school and all of the programs provide the information.

Project Cost: \$1.00 per calendar

Goals/Outcomes Achieved: To increase parental involvement by letting them know what is going on in the schools.

Which Standards and Indicators are addressed?

Outside Funding Source? YES X NO Specify funding source: The cost is split evenly between the schools and the programs, for us, it is \$250.00 each.

FRYSC Best Practices

| | |
|---|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Kenton County Family Resource Center | |
| School District: Kenton County | Coordinator Phone: 859-356-7849 |
| Coordinator Name: Carol Mitchell | Coordinator E-Mail: |

Component 1 Addressed: Families in Training

Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Parent-Teacher Conference Presentation

Description: Annual parent workshop addressing “parent-teacher conferences” offered to both parents and teachers at a fall PTA meeting. The FRC coordinator presents suggestions to parents on how to make the most of the parent-teacher conferences. The school counselor addresses the teachers on how to communicate and work with parents. We had about 200 parents and 20 faculties attend this workshop. Parents and teachers received handout material to take home.

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost:

Goals/Outcomes Achieved: Provide better communication between school and home, 200 parents and 20 faculties attended

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source:

FRYSC Best Practices

| | |
|--|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: SAFE Family Resource Center | |
| School District: Graves County | Coordinator Phone: 270-851-4479 |
| Coordinator Name: Lisa Chappell | Coordinator E-Mail: |

Component 1 Addressed: Families in Training
 Component 2 Addressed: Parent and Child Education
 Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Parent Power

Description: Parent Power is a collaborative effort to empower parents through 3 programs: parenting education classes, Parents as Teachers, and Adelante (an education program providing English and Spanish classes to close the language barrier)

Planning Time: Parent Power Task Force meets once a month. We have committees set up who also usually meet once a month. We rotate working the parenting workshops so we work a workshop about once every other month. We have recently hired a coordinator who does our Parents as Teachers program through the Family Resource center and Head Start. We have hired teachers who administer the Adelante program.

Length of Time for Activity/Program: Meet weekly for 1 hour

Collaborative Partners: Mayfield and Graves Co. Family Resource Centers, Extension Office, Department for Community Based Services, Child Advocacy Program, Head Start, Migrant Programs in Mayfield and Graves County, purchase Area Development District, Mayfield-Graves County YMCA, Four Rivers Behavioral Health.

Project Cost: varies, funded by grant through the Purchase ADD.

Goals/Outcomes Achieved:

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source:

FRYSC Best Practices

| | |
|--|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Jonathan-South Family Resource Center | |
| School District: Marshall County | Coordinator Phone: 270-354-6450 |
| Coordinator Name: Madonna Beal | Coordinator E-Mail: |

Component 1 Addressed: Families in Training

Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Early Head Start Picnic/Families and Friends Orientation

Description: Early Head Start sponsored a picnic at the Jonathan-South Family Resource Center. The coordinator for Parent’s Anonymous provided an orientation for the newly formed Families and Friends Support Group in Marshall County.

Planning Time: 2 hours

Length of Time for Activity/Program: 1 ½ hours

Collaborative Partners: Preschool Head Start; Early Head Start; Parent’s Anonymous

Project Cost:

Goals/Outcomes Achieved: Create support group, provide a positive social experience for the children and families; provide an educational experience for the children; children developed new skills; parents created a support group for themselves; parents became acquainted with family resource centers.

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source: Early Head Start

FRYSC Best Practices

| | |
|--|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Jonathan Family Resource Center | |
| School District: Marshall Co. | Coordinator Phone: 270-354-6450 |
| Coordinator Name: Madonna Beal | Coordinator E-Mail: |

Component 1 Addressed: Families in Training

Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: New Babies

Description: 1. Met with Homemakers and described our baby project. They made baby blanket cakes (estimated value \$15) 2. Collaborated with health department for the implementation of the prenatal project 3. Contacted parents.

Planning Time: 2 hours

Length of Time for Activity/Program: 30 minutes

Collaborative Partners: Marshall Co. Health Department, Marshall Co. Extension Homemakers

Project Cost: Each basket contains products and product information, printed material and baby items. The baskets are valued at \$35. Our cost does not exceed \$3 per basket.

Goals/Outcomes Achieved: Provide parents with information on infant brain development. Information will be in the baby baskets we give our new moms. We'll discuss information with new and expectant parents.

Which Standards and Indicators are addressed?

Outside Funding Source? YES X NO

Specify funding source: Marshall Co. Extension Homemakers

FRYSC Best Practices

| | |
|---|---------------------------------|
| Region #: 1 | Center Type: FRYSC |
| Center Name: ASK Family Resource Youth Service Center | |
| School District: Trigg County | Coordinator Phone: 270-522-2212 |
| Coordinator Name: Janice Boyd | Coordinator E-Mail: |

Component 1 Addressed: Families in Training/
 Component 2 Addressed: Parent and Child Education
 Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Mom's Club

Description: Group meets once each week. FRYSC provides materials, literature, copier, postage, refreshment, transportation, and facilities to discuss parenting issues.

Planning Time: Varies

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost: postage, refreshments, transportation, and facilities

Goals/Outcomes Achieved: Provide educational and developmental materials and information to young mothers. Encourage moms supporting other moms. Provide parent and child interaction time.

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source: Board of Education, 4-H Extension office, Health Department, Resource mothers.

FRYSC Best Practices

| | |
|---|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: South Christian Family Resource Center | |
| School District: Christian County | Coordinator Phone: 270-271-8557 |
| Coordinator Name: Delinda Yoakum | Coordinator E-Mail: |

Component 1 Addressed: Families in Training
 Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Breakfast Bunch/Lunch Bunch

Description: Preschool parents eat breakfast or lunch with their child and attend a short parenting program.

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners: Preschool parents, preschool teachers, Christian Co. Extension office for speakers, cafeteria manager

Project Cost: Parents pay for the cost of their breakfast or lunch

Goals/Outcomes Achieved: To have preschool parents in the building, to provide workshops needful to preschool families.

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source:

FRYSC Best Practices

| | |
|--|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: GLAD Family Resource Center | |
| School District: Muhlenberg County | Coordinator Phone: 270-338-6483 |
| Coordinator Name: Sandy Alward | Coordinator E-Mail: |

Component 1 Addressed: Families in Training
 Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: I AM Your Child

Description: The “I am your Child” video is being used in our local doctor’s offices as well as our family support lobby. The video is available at both local libraries for parents to check out. The new brain research training is being provided by the FRC coordinator to students at the Adult Learning Center, the High School’s Early Childhood classes, as well as child care providers. “I am your Child” brochures are included in our “Born to Read-Born to Succeed” packets given to new moms in the hospital.

Planning Time: 8-10 hours

Length of Time for Activity/Program: 1-3 hours

Collaborative Partners:

Project Cost: None-videos, brochures and training are free

Goals/Outcomes Achieved: To inform and educate new and expectant parents in ways to stimulate their newborn. To provide information on good parenting skills.

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source:

FRYSC Best Practices

| | |
|--|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Hope Family Resource Youth Service Center | |
| School District: Christian County | Coordinator Phone: 270-887-1225 |
| Coordinator Name: Ron Gager | Coordinator E-Mail: |

Component 1 Addressed: Families in Training

Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: PEPI (Parent Educational Program Incentive)

Description: Parents must attend events, such as a workshop, seminar, presentation, or any event that involves some type of educational or family activity that will benefit the family. These events can range from a workshop on money management to attending a family reading club every week. Attending each event will earn the parent points. When they acquire 250 points they receive a “Mustang Gold Card” entitling them to discounts and special offers at local businesses. There is a monthly drawing held for all gold card members. Parents and students must both be present to receive discounts.

Planning Time: 30 days

Length of Time for Activity/Program: Sept-July

Collaborative Partners:

Project Cost: The only cost you will have will be the printing for the cards. You will need approximately 200-250 cards depending on how many students you have.

Goals/Outcomes Achieved: Parents will be able to participate in presentations, workshops, etc. available in the community and at Morningside Elementary. Parents attending events will recognize activities in the community that will benefit their families. Parents will be more comfortable in participating, volunteering, and attending activities at Morningside Elementary. We have received a lot of good feedback thus far from area FRYSC’s and families at our school.

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source: Community Businesses

Family Literacy (PACE):

Focus On Families

Helping Non-native Parents help their children

Family Science Fun Night

Family University

The Parenting Coalition

Glen O Swing Student Art Gallery

The bookmobile at Colony House Apartments

Male Reader Program

Pajama Party

Mom's Club

The parent university

Project HOPE (Help Our Parents Educate)

Bingo for Books

Character Counts Store

Little Red Wagon Project

Christmas Eve Family Fun Night

Summer Book Club

Magazines at apartments

Parents as Partners Luncheons

Parent University

FRYSC Best Practices

| | |
|---|---|
| Region #: Center Name: Heart to Heart School District: Crittenden County Coordinator Name: Kathryn Turner Coordinator E-Mail: | Center Type: FRC Coordinator Phone: (270) 965-9833 |
|---|---|

Component 1 Addressed:
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Focus On Families

Description: Once a month participating agencies meet to address the needs of families, recruitment, and retention. Agencies give an update on their activities/referrals for the previous month. Each agency also brings a specific family before the table for discussion on the needs of that family. (Nominated families are contacted prior to meetings to see if they want to participate in FOF). This allows other agencies to discover needs they may not be aware of and to avoid duplicating services.

Planning Time:

Length of Time for Activity/Program: 1 ½ hours

Collaborative Partners: Even Start, Head Start, Migrant Educating, Adult Education, Family Literacy, and Crittenden County Community Based Services.

Project Cost:

Goals/Outcomes Achieved:

Goals- To improve the quality of service directed towards the needs of families.

Outcomes Achieved- An increase in the amount of services offered to families, i.e. GED, Health/Vision problems, increase enrollment in programs.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Murray Family Resource Youth Services Center | |
| School District: Murray Independent | Coordinator Phone: (270) 759-9592 |
| Coordinator Name: Opal Oakley | |
| Coordinator E-Mail: | |

Component 1 Addressed: Parent and Child Education

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Helping non-native Parents help their children

Description: In an effort to better serve the non-native speaking parents in the Murray City School System, the resource center acquired the services of a tutor who is fluent in English and Spanish. She will work three hours per week and her responsibilities include:

- Meeting with and educating parents on school concerns
 - Contacting parents before surveys go out to explain their importance and providing assistance with filling them out.
 - Assistance with parent meetings, teacher conferences, etc.
 - Sending home a monthly newsletter in Spanish to ESL Students/parents making them aware of field trips, meetings, upcoming events, conferences, etc.
- Volunteers will provide tutoring for those who speak languages other than Spanish.

The group will meet at the resource center once monthly or twice if necessary; transportation and child care will be provided. Parents will enroll in the Family Literacy and English as a Second Language programs at the initial meetings.

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost: Approximately \$1800 per year which includes tutor, child care, transportation, and snacks.

Goals/Outcomes Achieved:

Goals-

Outcomes Achieved-

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Kirksville Elementary School Family Resource Center, Richmond, KY | |
| School District: | Coordinator Phone: (270) 624-4582 |
| Coordinator Name: Pat Houchens | |
| Coordinator E-Mail: | |

Component 1 Addressed: Parent and Child Education

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Family Science Fun Night

Description: This was started this year and turned out to be a very enjoyable program. Last year we had a science lab and my AmeriCorps member had classes for many of the students during the year. The students certainly enjoyed the hands-on activity. This year my AmeriCorps student is now a Title 1 Assistant and the science lab is not being used because of “no one to do it”. The two of us decided to do a family science night bringing students and parents together to do science experiments.

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners: Title 1

Project Cost:

Goals/Outcomes Achieved:

Goals- To bring students and parents together to improve science skills and interest.

Outcomes Achieved- The result was a full class of 20 families and 20 families on the waiting list for the next one at the end of April. Parents and students genuinely enjoyed the experience and want this type of activity. “FUN WITH YOUR KIDS WHILE LEARNING SOMETHING”

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Crittenden-Mt.Zion Family Resource Center | |
| School District: Grant County | Coordinator Phone: (859) 428-0800 |
| Coordinator Name: Nancy Powell | |
| Coordinator E-Mail: | |

Component 1 Addressed: Parent and Child Education

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Family University

Description: Meets the second Tuesday of each month from 6:30-8:30. From 6:30-7:00 free pizza and salad dinner- paid for by title1 and FRC funds. From 7:00-8:00 Children's Activities- Sponsored by Grant Co. 4-H Agent. Childcare for infants and toddlers available upon request.

- Infants and toddlers-Present by the Family Literacy Center (PACE). The group decides the topics each month and the FLC prepares and facilitates the group.
Component-Families in training.
- Relatives Raising Children-Facilitated by the Grant Co. Extension Agent. The group meets to provide support and information to any family member who is raising a relative's child or children. The majority of adults are grandparents raising grandchildren. This group as advertised county wide.

Component: Education Supports (At Risk Children)

- Title 1 Reading- Title 1 teachers provide parent information and family time for reading and activities. This group has the largest participation

Component: Education Support (Support Special Programs)

From 8:00-8:30- Family Game Night- Families can stay and play a variety of board games.

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners: Title 1, County 4-H program

Project Cost:

Goals/Outcomes Achieved:

Goals-

Outcomes Achieved-

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Title 1

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Thoroughbred Family Resource Center | |
| School District: Bourbon County | Coordinator Phone: (859) 987-5852 |
| Coordinator Name: Kay Bridges | |
| Coordinator E-Mail: kbridges@bourbon.k12.ky.us | |

Component 1 Addressed: Parent and Child Education
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: The Parenting Coalition

Description: The Parenting Coalition was formed by a group of concerned community individuals interested in mainstreaming all parenting activities in Bourbon County. Until the development of this organization, all members were attempting to provide parenting in the community as an individual identity. The purpose of the group is to coordinate parental education classes. The "Take Charge" program offers year-round parenting classes and seminars to parents/guardians of children ages 0-19 years/ Meetings are held on a monthly basis to discuss relevant issues, schedule classes, and evaluate success of training. Advertisement is completed through various media, including the Bourbon County Community Education program.

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners: Thoroughbred FRC, P.E.A.K., FRYSC, Paris FRYSC, Bourbon County Cooperative Extension Agent, Community Education Coordinator, Parents As Teachers-Parent Educators, Bourbon County Assistant County Attorney, Bourbon County Child Support Office, KIP Project Coordinator and Comprehensive Care.

Project Cost:

Goals/Outcomes Achieved:

Goals-

Outcomes Achieved-

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Glenn O. Swing Elementary Family Resource Center, Covington KY. | |
| School District: | Coordinator Phone: (859) 655-6916 |
| Coordinator Name: Kelly O'Moore | |
| Coordinator E-Mail: | |

Component 1 Addressed: Parent and Child Education
 Component 2 Addressed: Family Recreational Activities

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Glenn O Swing Student Art Gallery

Description: Glenn O Swing Elementary FRC serves over 500 students in grades K-6. The FRC does an art program, which enriches teachers' efforts in Arts and Humanities. We host "Glenn O. Swing Student Art Gallery," which usually takes a place in March.

The FRC staff (3) visit each classroom (24) by bringing different forms of painting (ex. Impressionism, cubism, still life, etc...) We discuss with students the different styles, share information about the artist, information about the painting, discuss warm and cool colors, color shades, get students' input, and explain art gallery. We visit each classroom once for about 45 minutes. This usually takes two-three days to do. Teacher sign up for a time for us to visit. Please believe us when we say by no means are we artists! We just talk about the artwork we bring the classroom.

When the FRC visits the classrooms we explain to students the dynamics of the Art Gallery. Students have the option of purchasing an art kit (12" X 16" canvas, 5 colors of paint, and a paint brush) for only \$2.00. FRC purchases these items from Michaels and Wal-Mart-usually they will give you a deal. After they purchase their art kits, they take their kits home and actually paint a real picture reflecting the styles of art they learned during our program. It has to be their own artwork. Students then brought their painting to the Art Gallery, usually one night in March from 6:00-8:00 p.m. Students bought their painting to sell for \$5.00 each. We had a line of adults out the door waiting to buy not only their child's painting but other paintings as well. Students were there to talk about their paintings, and they actually kept the money they earned. We had over 250 participate, and over 500 adults came to purchase paintings.

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost:

Goals/Outcomes Achieved:

Goals- A great opportunity to enhance teacher's efforts with Arts and Humanities, get students expressing their own individual artistic abilities, and have a successful Family Fun Night.

Outcomes Achieved-

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|---------------------------------|--|
| Region #: | Center Type: FRC |
| Center Name: Family Focus FRYSC | |
| School District: Ballard | Coordinator Phone: (270) 665-8400 ext 2108 |
| Coordinator Name: | |
| Coordinator E-Mail: | |

Component 1 Addressed: Families & Children Learning Together (P.A.C.E.)
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: The bookmobile at Colony House Apartments

Description: Flyers are distributed to announce activity each time bookmobile and FRYSC staff meet at housing complex. Doors are knocked & families invited to the bookmobile. As materials are checked out, rewards are promised to those who returned their books for 3 visits.

Planning Time: 4 hours

Length of Time for Activity/Program: 1 hour 3 times during the summer

Collaborative Partners: Ballads, Livingston, Carlisle Bookmobile, Colony House Apartments.

Project Cost: \$20-\$30

Goals/Outcomes Achieved:

Goals- To encourage parents & children to read together, recognize the values of books & learning. To extend the school year in a positive way, encourage reading during the summer.
 Outcomes Achieved- Students and parents learn responsibility & build a relationship with FRYSC and bookmobile staff.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Ballard Food Service provided free lunches

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: South Heights Family Resource Center | |
| School District: Henderson County | Coordinator Phone: (270) 831-5083 |
| Coordinator Name: Walter B. McGee | |
| Coordinator E-Mail: | |

Component 1 Addressed: Parent and Child Education
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Male Reader Program

Description: Over 700 different male community leaders (mayor, city commissioners, business owners, doctors, attorneys, radio personalities, farmers, clergymen, bankers, police officers, college professors, parents, photographers, restaurant owners) were invited, called, and scheduled to come to the school and read to classes. They were also asked to talk about their professions and the education needed to perform their jobs.

Planning Time: several weeks

Length of Time for Activity/Program: three months

Collaborative Partners: Donna Holland (270) 831- 5083, Debbie Key (270) 831-5080

Project Cost: Lunches for those who could stay and eat, approximately \$25

Goals/Outcomes Achieved:

Goals- to invite community leaders (male) to come to our school to read to our students because so many of the students do not have any male role models and seldom see or hear males read.

Outcomes Achieved- Over 70 different reading times were scheduled in classrooms from Head Start through sixth grade. Letter of appreciation and certificates of appreciation were sent to each participating male reader.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Harrodsburg Family Resource/Youth Service Center | |
| School District: Harrodsburg Independent | Coordinator Phone: (606) 734-8450 |
| Coordinator Name: Jan Peyton | |
| Coordinator E-Mail: | |

Component 1 Addressed: Parent and Child Education
 Component 2 Addressed: Parent Involvement

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Pajama Party

Description: This is held during the week of the school’s book fair. Everyone attending wears their pajamas. We have 3 or 4 rooms of storytelling going on. Each session lasts 10-15 minutes. Each family was given a color coded ticket which room to go into. At the end of each session the storytellers rotate and the guests stay in the room. After storytelling, the book fair is open for shopping. We give away a lot of little door prizes. Children must be accompanied by a parent or guardian.

Planning Time: 10 hours

Length of Time for Activity/Program: 1-1/2 hours

Collaborative Partners: various school staff and PTO

Project Cost: None. The PTO provided refreshments and donated door prizes. Volunteers donated their time. We used supplies already on hand.

Goals/Outcomes Achieved:

Goals- To provide a family fun night for families. To increase parent/community involvement in our school.

Outcomes Achieved- Last year, over 300 parents and children attended.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: PTO

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: ASK Family Resource/Youth Services Center | |
| School District: Trigg County | Coordinator Phone: (270) 522-2212 |
| Coordinator Name: Janice Boyd | |
| Coordinator E-Mail: | |

Component 1 Addressed: Parent and Child Education

Component 2 Addressed: Families in training

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Mom's club

Description: Group meets once each week. FRYSC provides materials, literature, copier, postage, refreshments, transportation, and facilities to discuss parenting issues.

Planning Time: varies

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost: postage, refreshments, transportation, and facilities.

Goals/Outcomes Achieved:

Goals-1. Provides educational and developmental materials and information to young mothers.

2. Encourage moms supporting other moms. 3. Provide parent/child interaction time.

Outcomes Achieved- Parents are being educated on a variety of issues.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Board of Education, 4-H Extension Office, Health Department, Resource Mothers.

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: South Junior High Youth Services Center | |
| School District: Henderson County | Coordinator Phone: (270) 831-5059 |
| Coordinator Name: Kathy Givens | |
| Coordinator E-Mail: | |

Component 1 Addressed: Parent and Child Education
 Component 2 Addressed: Drug and Alcohol Abuse

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Parent University

Description: The program is held at South Jr. High School and is scheduled for the last Monday in March. Food is served, usually consisting of a meal. Sessions are serious as to drug abuse, family problems, and fun ideas-such as Bleacher Parents and Memories with Love and Laughter. There can be about 10 speakers and parents will attend different sessions. Nice door prizes are give away (such as VCR) to encourage attendance.

Planning Time: varies

Length of Time for Activity/Program: 2-2 ½ hours

Collaborative Partners: All Henderson County FRC's and YRC's

Project Cost: \$700.00

Goals/Outcomes Achieved:

Goals- To reach parents and help them get involved

Outcomes Achieved- During some years, we have had as many as 200 parents in attendance. Our lowest attendance has been 60 parents.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|------------------------------------|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Heart to Heart | |
| School District: Crittenden County | Coordinator Phone: (270) 965-9833 |
| Coordinator Name: Kathryn Turner | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Family Literacy**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Project HOPE (Help Our Parents Educate)**

Description: Once a month, September-February, Project HOPE sessions are held at the elementary school. Each session incorporates a different theme, such as: reading, health fair, strengthening family bonds, fitness, etc. All activities/crafts for the session are centered on these themes. Instruction and goal books are given out at the first session of the year. There are three goals for the year in reading, nutrition, and fitness. Families choose one activity per goal to work on each month. Activities for the reading goal include such things as: visit your public library as families, read a newspaper together at least once a week, have your child read to you at least three times a week, read a book about Kentucky, etc. The family works together to set and achieve their goals. If the family reaches all three goals, they will receive a prize at the last session.

Planning Time:

Length of Time for Activity/Program: 1 ½ hour each session

Collaborative Partners: Even Start, Head Start, Migrant Education, Adult Education, Family Literacy, Crittenden County Extension Office

Project Cost: Door prizes \$250, Supplies \$250, Food \$200 (these are costs per year)

Goals/Outcomes Achieved: To provide a family fun night for families. To provide parenting skills, educational activities, and parent/child interaction.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Participating Agencies

FRYSC Best Practices

| | |
|--------------------------------------|-----------------------------------|
| Region #: 10 | Center Type: FRC |
| Center Name: Harrison Elementary FRC | |
| School District: Fayette County | Coordinator Phone: (859) 381-3422 |
| Coordinator Name: Nekesha Cozart | |
| Coordinator E-Mail: | |

Component 1 Addressed: Literacy/ Parent Involvement
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Bingo for Books

Description: Parents and students playing sight work Bingo and winning books.

Planning Time: 2 hours

Length of Time for Activity/Program: 1 hour

Collaborative Partners: Faculty, staff, parents, students, community (Herald Leader Newspaper, Bank One Care Fund)

Project Cost: FRS- \$150 for pizzas, \$20 for drinks, \$20 for utensils; \$5 for supplies; \$30- One time for Bingo games

Goals/Outcomes Achieved:

Goals- To promote academic excellence in collaboration with parent involvement

Outcomes Achieved- Students excited about learning and parents feeling more comfortable in the school.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Bank One Care Fund

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Greenville FRC | |
| School District: Muhlenberg | Coordinator Phone: (270) 338-4231 |
| Coordinator Name: Sally Washburn | |
| Coordinator E-Mail: sally.washburn@muhlenberg.kyschools.us | |

Component 1 Addressed: **PACE-like Family Literacy**

Component 2 Addressed: **Other-Optional**

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------------|-------------------|-------|
| General | Family Involvement | FRC Components | General | Staff |

Project Title: **Character Counts! Store**

Description: The Character Counts! Store is a store that maintains an inventory of prizes and incentives that appeal to preschoolers through fifth grade. Students who earn Character Counts! Wooden nickels through demonstrating one of the six pillars of good character (trustworthiness, respect, responsibility, fairness, caring and citizenship) by being responsible and turning homework in on time, having good attendance and being punctual, maintaining good behavior at school, being trusted to keep their word, respecting school property and others, being fair to classmates, being a good citizen overall, etc. earn a wooden nickel to be redeemed at the store.

Parent volunteers operate the store. This allows a platform for parents to learn good character as well as demonstrate their ability to be good role models. Every day character lessons are taught on a level that the students understand and will value. Unlike one's strong math skills or reading skills, the ability of maintaining good character transcends all socio economic boundaries and is attainable for all. The school wins with better attendance averages and higher achievement by students. The family wins through better behavior displayed at home and in public. Communities win by raising better citizens that are more productive and self-sufficient. Most importantly, the child wins through self respect, achievement and increased self-esteem.

Character Counts! has been recognized as the #1 character education framework in the nation. The Muhlenberg County Board of Education endorses Character Counts! and encourages educators and staff to infuse the framework wherever possible.

Planning Time: 30 minutes to discuss character lesson with parent or volunteer who operates store

Length of Time for Activity/Program: 15 min. per each homeroom on Fridays only

Collaborative Partners: Board of Education, FRC Coordinator, School Staff and Parents

Project Cost: Varies, depending on donations and grants. Approximately \$2000-\$2500 for inventory. Space provided, shelving provided. Decorations and artwork by FRC and art teacher.

Goals/Outcomes Achieved: Better attendance, more homework turned in, better student behavior and less discipline referrals, better citizens overall, parents learn the importance of having good character and are encouraged to be better role models.

Which Standards and Indicators are addressed? # 3, #4, #5, #8 and #9

Outside Funding Source? X Yes No

Specify Funding Source: Donations given by district, parents and community partners on occasion. There are plans to secure United Way grant monies to supplement FRC funding to stock inventory.

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Connections FRC | |
| School District: Christian County (Region 1) | Coordinator Phone: (270) 424-9533 |
| Coordinator Name: Lynne Prince | |
| Coordinator E-Mail: lynne.prince@christian.kyschools.us | |

Component 1 Addressed: **PACE**

Component 2 Addressed: Educational Support

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|------------------------|-------------------|---------|
| Reaching Proficiency | Family Involvement | Educational Support | Public Relations | General |

Project Title: **Little Red Wagon Project**

Description: The center asks for volunteers from the community, school personnel, high school students, church groups, etc. to go to the housing area on set dates during the summer months. Those that can go meet at set time and we load up books (new & used) as well as magazines for the parents and head to the apartments. I have red wagons that have books and magazines as well as wagons for snakes and juice boxes. We pull the wagons and gather as many children of any age to a “shady” area and they each get 2 books and snacks. We sit and read with them and visit with the parents that come out as well.

Planning Time: Varies depending on if you do a book drive or can purchase books through a company like Scholastic books. Also, minimal time to pick up snacks. This is all done ahead of time and each day scheduled you just load everything and go. Length of time spent at housing area is usually 1 hour.

Length of Time for Activity/Program: 1 hour

Collaborative Partners: School staff, community, high school students, Family Circle, housing authority.

Project Cost: FRC-\$500.00 for books purchased and snacks, initially wagons must be purchased at \$25.00 a piece (I have 5) I also get to leave the wagons at the housing area and just bring containers of books and coolers with snacks at each visit. When coordinating with housing authority, they will provide snacks and volunteers. A book drive keeps the cost down but would need to be done during the school year. I sent out letters to churches and in newsletters to parents asking for donations of used books.

Goals/Outcomes Achieved: Goals- The program is to foster a love of reading and an excitement about learning to read. This program allows for outreach between the rural community and the inner city community to come together and get to know one another. Outcomes achieved- Children look forward to these visits 3-4 times in the summer. It gives their parents an opportunity to get to know school staff better as well as community volunteers where their children are attend school.

Which Standards and Indicators are addressed? 5.1 a

Outside Funding Source? Yes X No

Specify Funding Source: Donations and FRC funds

FRYSC Best Practices

| | |
|--|---|
| Region #: Center Name: Family Focus FRYSC School District: Ballard County Schools Coordinator Name: Stephanie Hooper Coordinator E-Mail: | Center Type: FRC Coordinator Phone: (270) 665-8400 Ext: 2115 |
|--|---|

Component 1 Addressed: PACE
 Component 2 Addressed: Family Literacy

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Christmas Eve Fun Night

Description: To encourage positive educational experiences and family time during Christmas vacation, we provide families who receive Christmas assistance a “family gift”. Each family receives an educational game (i.e., Jenga, UNO, Memory, etc) and a boxed pizza. Games are selected for families based on ages of children in the home. These items are placed in a gift bag decorated by elementary students. A poem is attached to each bag describing what is intended by the gift.

Planning Time: Depends on number of families served.

Length of Time for Activity/Program: December 1- beginning of Christmas Break

Collaborative Partners: Migrant Education; Elementary students; Center Volunteers and Advisory Council members.

Project Cost: Based on 206 families served in 2000 Holiday Season: \$1000 Games; \$450 Boxed Pizza and \$100 Gift Bags

Goals/Outcomes Achieved:

Goals- Encourage families to spend an evening working and playing together

Outcome Achieved- Opportunity to help others
 -An evening of traditional family fun

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No
 Specify Funding Source: Great River After School Program (GRASP)

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Benton-Central Family Resource Center | |
| School District: Marshall | Coordinator Phone: (270) 527-7003 |
| Coordinator Name: Melissa Elrod | |
| Coordinator E-Mail: Melissa.elrod@marshall.kyschools.us | |

Component 1 Addressed: PACE-like Family Literacy
 Component 2 Addressed: After School Child Care

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Summer Book Club

Description: The summer book clubs help motivate students to read during the summer when school is not in session. The book club meets once a week in the month of June. At the meeting, participants will read a book in a group setting and then do an activity related to the book. Lunch or a snack is served. A READO card is sent home with the students for them to track their progress of reading at home. Squares on the READO card ask students to read 20 minutes each day. Students bring the cards back each week to earn prizes based on how much they have read. The book club can be named and be theme-based to draw more participation. For example, Club B.A.M.- Books are Magical used books from the Magic Tree House series.

Planning Time: approx. 4 hours to plan days, times, theme, and to get fliers sent home to students, 1 hour per week to plan book and activity.

Length of Time for Activity/Program: 2 hours per week

Collaborative Partners: school principals

Project Cost: Varies- can be done for as little as the cost of activity materials and small incentive prizes. If you have some money to put into it, you can have larger prizes, pizza for lunch, and club shirts made.

Goals/Outcomes Achieved: Students continue to read over the summer and improve their reading skills. Other content areas may be included with the activities.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #:1 | Center Type: FRC |
| Center Name: Todd County FRC | |
| School District: Todd | Coordinator Phone: (270)-227-9055 |
| Coordinator Name: Sarah Evans | |
| Coordinator E-Mail: sarah.evans@todd.kyschools.us | |

Component 1 Addressed: PACE- like Family Literacy
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------------|-------------------|-------|
| General | Community Partners | FRC Components | | |

Project Title: Magazines at apartments

Description: FRC purchased a magazine rack for the laundry room at the housing project apartments in the county. The FRC, school library, and local library supply their old magazines to the apartments when they clean them out each month. This brings reading materials to the students and parents. After new magazines are added to the rack each month, residents are free to take the older ones.

Planning Time: 30 minutes a month

Length of Time for Activity/Program: Ongoing

Collaborative Partners: School library, county library, EFNEP

Project Cost: 150.00 per magazine rack

Goals/Outcomes Achieved: Reading materials are available for home use to increase literacy levels

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No
 Specify Funding Source:

FRYSC Best Practices

| | |
|---|---|
| Region #: | Center Type: FRC |
| Center Name: KIDS Company I FRC | |
| School District: Paducah Public Schools | Coordinator Phone: (270) 444-5730 ext. 3041 |
| Coordinator Name: Robyn West | |
| Coordinator E-Mail: | |

Component 1 Addressed: PACE- Family Literacy
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Parents as Partners Luncheons
Description: KIDS Company I, Clark School and Clark Title I sponsor bi monthly Parents as Partners Luncheon programs focusing on different topics of interest to parents of our school. We select a topic, invite a guest speaker, and select grade/grades to attend the program. Some of the topics we have covered in the past or plan to cover in the next school year are: Learning Good Study Habits; Testing and Portfolios; Internet Safety; Reading for a Lifetime of Learning; Scrapbooking as a Family 5th to 6th Grade Transition; Kindergarten to 1st Grade Transition; Head Start to Kindergarten Transition.

Planning Time: Up to 1 week. We select our topics at the beginning of the year. About 2-3 weeks ahead we secure our schools library and a guest speaker. Send out fliers home with the kids asking for RSVPs, and a reminder flier 2 days before. Order lunch the day before. Set up the room 1 hour before and pick up lunch, drinks, etc.

Length of Time for Activity/Program: 1 hour
Collaborative Partners: FRC; Title I; School
Project Cost: \$100-\$150 (cost includes lunch, brochures)

Goals/Outcomes Achieved:
Goals- The goal of this program is to inform parents on timely topics going on at school with their children. The topics always encourage parents to work with and encourage their child at home on skills they learned about at the luncheon.
Outcomes Achieved- We have excellent parent involvement and participation at the luncheons. Many of the books suggested by our speakers are available in our Center's lending library and parents do use it. We also provide many parent involvement brochures and often have to reorder after our program is over because parents hear about one particular brochure and want a copy for themselves.

Which Standards and Indicators are addressed?
Outside Funding Source? X Yes No
Specify Funding Source: Title I

FRYSC Best Practices

| | |
|--|---|
| Region #:1 Center Name: South Junior High YSC School District: Henderson County Coordinator Name: Kathy Givens Coordinator E-Mail: | Center Type: FRC Coordinator Phone: (270) 831-5058 |
|--|---|

Component 1 Addressed: Parent and Child Education
 Component 2 Addressed: Drug and Alcohol Abuse Counseling

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Parent University

Description: The program is held at South Jr. High School and is scheduled for the last Monday in March. Food is served, usually consisting of a meal. Sessions are serious as to drug abuse, family problems, and fun ideas- such as Bleacher Parents and Memories with Laughter. There can be about 10 speakers and parents attend different sessions. Nice door prizes are given away (such as VCR) to encourage attendance.

Planning Time: Varies

Length of Time for Activity/Program: 2-2 1/2 hours

Collaborative Partners: All Henderson Count FRC's and YSC's

Project Cost: \$700.00

Goals/Outcomes Achieved:

Goals- To reach parents and help them get involved

Outcomes achieved- During some years, we have had as many as 200 parents in attendance. Our lowest attendance has been 60 parents.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

Health Services (FRC and YSC):

Health Breaks

Athletic Physicals

Fluoride Vanish and Dental Screening

E.G.O. Club (Encouraging Good Opinions)

How to Make Stress Balls

Table Manners and Etiquette Program

Stress Free Day for Staff

Project READY

Patenting for the Future

Fifth Grade Puberty Tea

KICKS: Kids into Courtesy, Kindness and Smiles

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: Marshall County Middle Youth Service Center | |
| School District: Marshall County | Coordinator Phone: (270) 395-2611 |
| Coordinator Name: Glenda Thompson | |
| Coordinator E-Mail: Glenda.thompson@marshall.kyschools.us | |

Component 1 Addressed: **Referrals to Health and Social Services**

Component 2 Addressed: **None**

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------------|-------------------|-------|
| | | YSC Components | | |

Project Title: **Health Breaks**

Description: The YSC sets up informational displays about health issues during the afternoon break. Sessions have covered topics such as hand washing, hydration, nutrition, stress management, anger management, and substance abuse. Each grade rotates into the lobby of the gym for fifteen minutes during sixth period. We set up trifold displays, give out brochures, and conduct door prize drawings to encourage participation. This is an easy way to see all of the students and not interrupt instructional time.

Planning Time: 1 hour to plan each session

Length of Time for Activity/Program: 1 hour per school

Collaborative Partners:

Project Cost: \$200.00 start up costs for posters and displays

Goals/Outcomes Achieved: Students are quickly exposed to health topics relevant to their changing bodies. It gives the YSC good exposure to the students.

Which Standards and Indicators are addressed? Standard 4:4.1i Multiple community strategies used to disseminate info.

Outside Funding Source? Yes X No

Specify Funding Source: YSC Allocation 100%

FRYSC Best Practices

| | |
|---|---|
| Region #: 1 Center Name: STARS FRYSC School District: Carlisle County Coordinator Name: Kathy O'Neill Coordinator E-Mail: | Center Type: FRYSC Coordinator Phone: (270) 628-3800 |
|---|---|

Component 1 Addressed: **Health Services**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Athletic Physicals**

Project Description: Have local doctor and physician assistant come out to Center and provide physicals to middle school and high school athletes for \$10.00.

Planning Time: 1 hour—call physician, copy physical forms from KHSAA website, give forms to middle and high school offices to pass out, and email the newspapers an announcement.

Length of Time for Activity/Program: 3-4 hours

Collaborative Partners: Dr. David Zetter (Arlington Medical Center) and Mindy Garrett (PA)

Project Cost: 0

Goals/Outcomes Achieved: Allow students to obtain health related services; Students obtain needed physical from a doctor.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|-------------------------------|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Todd County FRC | |
| School District: Todd County | Coordinator Phone: (270) 227-9055 |
| Coordinator Name: Sarah Evans | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Health Services**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Fluoride Varnish and Dental Screening**

Description: The CCSHCN comes to our school at least twice a year to provide free dental screening and fluoride varnish to students under age 6. I am sending the permission from home when the students register for the school year, so they will be on file and less paperwork later in the year.

Planning Time: 2 hours

Length of Time for Activity/Program: 1 day each school twice a year

Collaborative Partners: Commission for Children with Special Health Care Needs

Project Cost: copies of permission forms

Goals/Outcomes Achieved: To improve the dental health of students, Approximately 200 students under age 6 received treatment this school year

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: CCSHCN provides fluoride and toothbrushes, toothpaste kits

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: South Hopkins Youth Services Center | |
| School District: Hopkins Co Public Schools | Coordinator Phone: (270) 825-6125 |
| Coordinator Name: Linda Lam | |
| Coordinator E-Mail: | |

Component 1 Addressed: Health
 Component 2 Addressed: Opt 1, 2, YSC 1,2,3,4,5

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: E.G.O. Club (Encouraging Good Opinions)

Description: This club is geared toward students with low-self esteem. The club meets once a month with speakers being invited to share information on subjects such as careers, organizational skills, time management, study skills, abusive/relationships/dating violence, setting goals, hygiene, suicide awareness & prevention, and drug & alcohol abuse.

Planning Time: One day a month

Length of Time for Activity/Program: The club meets 30 min per month

Collaborative Partners: Speakers from different agencies, community members.

Project Cost: \$50 each month for food, thank you card & small gift for speaker.

Goals/Outcomes Achieved:

Goals- Students will build self-esteem. Students will incorporate techniques in building good relationships in life. Students are introduced to the labor market for future employment. Social & emotional issues are addressed affecting students and their families.

Outcomes Achieved- Students get information on support programs from community agencies. Students feel a sense of accomplishment. Students learn the importance of good hygiene and its effect on personal relationships. Students improved social skills as well as work habits. Students become more aware of impending harm of drugs, alcohol, & suicide.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|---------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: Gallatin County Youth Service Center | |
| School District: Gallatin County | Coordinator Phone: 270-567-5700 |
| Coordinator Name: Regina Danaher | Coordinator E-Mail: |

Component 1 Addressed: Health
 Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: How to Make Stress Balls

Description: Take a funnel and put in the end of a balloon. Take flour and sift through the funnel. Tie the balloon in a knot at the the top of the balloon.

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost: \$10 for 20 stress balls

Goals/Outcomes Achieved: To relieve stress, staff love it, it is also good for parenting programs.

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source:

FRYSC Best Practices

| | |
|--|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Waco Family Resource Center | |
| School District: | Coordinator Phone: 859-369-5005 |
| Coordinator Name: Melissa Lepsis | Coordinator E-Mail: |

Component 1 Addressed: Health Services and Referral to Health Services
 Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Table Manners and Etiquette Program

Description: The table manners and etiquette program was designed for fifth grade students. Curriculum was obtained from the Extension Office and At Ease, Inc. Practicum students from Eastern KY University who were working at the Waco FRC facilitated the entire program. The students learned how to set the table, good table manners, cleanliness and good hygiene, polite table conversation, good telephone etiquette and what to do when eating out. During our last session together, the students took a trip to Arlington Country Club for lunch to practice their new skills. The final session would not have been possible without help of Waco's PTO, who were generous enough in donating funds to help pay for the student's lunches. (\$7.50 each)

Planning Time: The program ran for six weeks, meeting each of three classrooms for forty-five minutes weekly.

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost:

Goals/Outcomes Achieved:

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source:

FRYSC Best Practices

| | |
|---|---------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: Gallatin County Youth Service Center | |
| School District: Gallatin County | Coordinator Phone: 270-567-5700 |
| Coordinator Name: Regina Danaher | Coordinator E-Mail: |

Component 1 Addressed: Health and Social Services

Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Stress Free Day for Staff

Description: Health Department did blood pressure, pulse, glucose screenings and pulse oxygen. County Extension agent did nourish you body and soul through journaling, Health education did mind and body nurturing, (progressive muscle relaxation through visualization, self message techniques and relaxation techniques)

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost:

Goals/Outcomes Achieved:

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source:

FRYSC Best Practices

| | |
|---------------------------------|---------------------------------|
| Region #: 1 | Center Type: FRYSC |
| Center Name: PEAK FRYSC | |
| School District: Bourbon County | Coordinator Phone: 859-987-2193 |
| Coordinator Name: Robin Leigh | Coordinator E-Mail: |

Component 1 Addressed: Health and Social Services

Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Project READY

Description: Each month a mailing list of Bourbon Co. students turning 16 is compiled. A Happy Birthday letter/packet from the FRYSC is mailed to their home for student to review the anti-drug and alcohol information in the privacy of their own home without peer pressure at school. The letter challenges students not to be an under-age drinker and to be a “safe and smart driver”. The packet includes Happy Birthday Turning 16 letter, PEAK brochure, Don’t Drink and Drive key chain, brochures on: Reporting An Accident, Don’t Drink and Drive, Seat Belts, and any other brochure that may be relevant (the KY State Police supplies a lot of really good ones-sometimes we have to rotate the different brochures).

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost:

Goals/Outcomes Achieved: Project READY is an information and preventive program that distributes anti-drug/alcohol information to Bourbon county schools’ students who are turning 16 years of age.

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source:

FRYSC Best Practices

| | |
|--|---------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: Sandra Westerman Youth Service Center | |
| School District: Christian County | Coordinator Phone: 270-887-1227 |
| Coordinator Name: Diana Pyle | Coordinator E-Mail: |

Component 1 Addressed: Health
 Component 2 Addressed: Teen Pregnancy

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Parenting for the Future

Description: Parenting for the Future was a special day for teen mothers and expectant teens. Our intent was to educate these young ladies as parents. We also wanted to let them know how special they still are despite what they might have been told or felt when becoming a parent as a teen. We also talked about goal-setting and health issues for mom and baby.

Planning Time: 3 months

Length of Time for Activity/Program: 6 hours

Collaborative Partners: Pennyriple Area Development District, Christian Co. Health Department

Project Cost: \$6,000.00

Goals/Outcomes Achieved: The project goals were met as we planned a special day for the girls at the Hopkinsville Holiday Inn Ballroom. The atmosphere that was present was very conducive to the event.

After a day long seminar type of program, these girls expressed the joy of having a day spent exposing them to social activities that focused mainly on them. They actually left feeling good about themselves.

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source: Pennyriple Area Development District

FRYSC Best Practices

| | |
|--|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Sedalia/Cuba Family Resource Center | |
| School District: Graves County | Coordinator Phone: 270-328-8025 |
| Coordinator Name: LaDonna Allred | Coordinator E-Mail: |

Component 1 Addressed: Health Services and Referrals to Health Services
 Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Fifth Grade Puber-Tea

Description: A Health Educator from the local Health Department and the FRC Staff chose one night to invite fifth grade girls and their mother (or female guardian) to come to the tea. At the tea, the girls were presented with bags filled with appropriate items. The Health educator presented a program lasting approximately 45 minutes, at which time she gave handouts, showed films, and had a discussion regarding changes for the girls to expect. Refreshments were served and door prizes were given away.

Planning Time: Varies

Length of Time for Activity/Program: 2 ½ hours

Collaborative Partners: Local district health department

Project Cost: Approximately \$200 for refreshments, student bags, decorations, and door prizes.

Goals/Outcomes Achieved: This program brought mothers and daughters together. It also helped the girls realize that these changes happen to all girls, not just them.

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source:

FRYSC Best Practices

| | |
|---|---------------------------------|
| Region #: 1 | Center Type: FRYSC |
| Center Name: Harrodsburg Family Resource Youth Service Center | |
| School District: Harrodsburg Indep. | Coordinator Phone: 606-734-8450 |
| Coordinator Name: Jan Peyton | Coordinator E-Mail: |

Component 1 Addressed: Health
 Component 2 Addressed: Social Service Referrals

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: KICKS, Kids into Courtesy, Kindness and Smiles

Description: We used all 5th grade health class time to present KICKS. Two adults did team teaching. We used videos, games, role playing, and classroom demonstrations to teach students manners, especially table manners. The students went on a field trip to Beaumont Inn for lunch as a reward.

Planning Time: 10-12 hours originally

Length of Time for Activity/Program: 1 hour per day per class for 2 weeks

Collaborative Partners: Extension Office

Project Cost: cost of luncheon, paper plates, forks, etc. for demonstration, pencils for prizes, place cards.

Goals/Outcomes Achieved: Provide 5th graders with information on proper manners and table etiquette, students wrote thank you notes, responded to RSVP's and dressed up for the luncheon. Students, parents, administrators, and KICKS presenters loved this program.

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source:

Career Exploration Component

On the Way to Middle School
Student Ambassadors
8th Grade Job Shadowing
COW Day (Career on Wheels)
Camp "Who Dun It"

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRYSC |
| Center Name: The FRYSC Connection | |
| School District: Dawson Springs Independent | Coordinator Phone: (270) 797-4444 |
| Coordinator Name: Dianne Labrado | |
| Coordinator E-Mail: Dianne.labrado@dawsonsprings.kyschools.us | |

Component 1 Addressed: **Employment Counseling, Training and Placement**

Component 2 Addressed: **Summer and Part time Job Development**

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Student Ambassadors**

Description: Junior and Senior students with a 3.5 cumulative GPA are sent letters, signed by the HS Principal, inviting them to be a student ambassador for our school. As a representative of our school, they are expected to maintain a high standard of academic achievement and behavior. They are to serve as role models for other students to emulate. The students and their parents are required to sign a contract prior to their consideration for approval as an ambassador. The student ambassadors are utilized as volunteers for school and community related activities. Oversight of the program is the responsibility of the FRYSC Coordinator. All volunteers' hours are documented by the FRYSC Coord. and given to the ambassador after an activity is complete. The documented hours are helpful for students when applying for jobs and college scholarships.

Dawson Springs High School has 16 ambassadors. When an activity requires their help, I e-mail the students requesting their participation. It is all volunteer so no mandatory participation is required. From Aug-Dec 2008 the ambassadors have participated in 8 school related activities such as DSHS Invitational Golf Tournament, DSHS Hard Work Café, Bucket Brigade, JV Boys Soccer Tournament, DSCS Parent-Teacher Open House, DSCS Veterans Day Program, FRYSC Thanksgiving Food Drive, 6th Grade Showcase Academic Competition, FRYSC Christmas Adoption Program. During that timeframe, the ambassadors have accrued a total of 184.6 hours of volunteer service.

I planned an optional participation trip (no fundraising) for the MLK weekend. Nine of the ambassadors and 6 parents spent 2 nights at the French Lick Resort. We have a great time skiing, snowboarding and relaxing.

Planning Time: Varies—Initial documentation , letters, and orientation meeting coordinating volunteers for activities, documenting volunteer hours for ambassadors, planning a weekend getaway (optional) are all on-going responsibilities of facilitating the program.

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost: 0

Goals/Outcomes Achieved: To assist high school students in accumulating and documenting of volunteer hours to use on job applications and scholarships. To provide a pool of volunteers for school and community related activities.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|-----------------------------------|-----------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: KERALOT YSC | |
| School District: Christian County | Coordinator Phone: (270) 887-7073 |
| Coordinator Name: Nat Adams | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Employment Counseling, Training and Placement**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **On the Way to Middle School**

Description: Prior to the beginning of 6th grade teachers and counselors present information to students in small groups, peers teach how to open lockers and give tour of building. Parents are also invited to attend the half day program.

Planning Time: 1 day

Length of Time for Activity/Program: 2 ½ hour session on in the morning, one in the afternoon

Collaborative Partners:

Project Cost: \$800

Goals/Outcomes Achieved: To ease the transition to middle school for students and parents.

Which Standards and Indicators are addressed? School transition

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|-----------------------------------|-----------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: AHOY YSC | |
| School District: Chrisitan County | Coordinator Phone: (270) 887-1176 |
| Coordinator Name: Brenda Chambers | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Employment Counseling, Training and Placement**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **8th Grade Job Shadowing**

Description: All 8th graders complete a career survey indicating their top three career choices. If they turn in a permission form, they will spend ½ day shadowing one of their career choices. We try to schedule these on two days and students are transported by school bus. Students are taken to Mr. Gatti's for lunch. (Students pay for half and HMS-AHOY funds pay remainder)

Planning Time: varies—probably several weeks.

Length of Time for Activity/Program: 5-6 hours with travel time

Collaborative Partners: AHOY Staff, community leaders, business and industry, vocational and transportation dept.

Project Cost: Transportation cost (.93/mile) and lunch (2.00/child)

Goals/Outcomes Achieved: Education is the tool to reach the ultimate goal-success and job shadowing helps students see school as a means to reach success. Very successful program—many students get excited about their career and others realize they do not want to pursue that particular career.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Vocational and AHOY funds

FRYSC Best Practices

| | |
|---------------------------------|----------------------------------|
| Region #: 1 | Center Type: FRYSC |
| Center Name: KAPS FRYSC | |
| School District: Hickman County | Coordinator Phone: (270)653-2291 |
| Coordinator Name: Vickie Batts | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Employment Counseling, Training and Placement**

Component 2 Addressed: **Optional-Enrichment**

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **COW Day (Career on Wheels)**

Description: Professionals from the community whose jobs involve using a vehicle are invited to come to the school for a Career on Wheels Day. The vehicles are set up on the school parking lot where 5th and 6th grade students can visit each professional and see a demonstration on how the vehicles are utilized in each job. There is an opportunity for questions and answers from each group of students. After the event, students are asked to answer an open response question about the careers to enhance writing skills.

Planning Time: 8-10 hours

Length of Time for Activity/Program: 9:00-12:00

Collaborative Partners: Guidance Counselor, Community Education

Project Cost: These are optional but we provided lunch for the professionals (\$60) and refreshments for students (\$40).

Goals/Outcomes Achieved: Students will gain knowledge about a variety of careers and awareness of job possibilities. To increase motivation for students to stay in school and set goals for their future. Students wrote positive comments about the career day in their open response questions. They were more knowledgeable and respectful of the careers represented.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|------------------------------------|-----------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: Todd County YSC | |
| School District: Todd County | Coordinator Phone: (270) 265-3670 |
| Coordinator Name: Melanie Peterson | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Employment Counseling, Training and Placement**

Component 2 Addressed: **Summer and Part time Job Development**

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Camp “Who Dun’ It”**

Description: This summer camp was offered to any student in grade 6-12. The camp is designed to introduce students to various careers in the area of science. Participants solved mysteries based on facts they gathered throughout the week. They visited the Hopkinsville Police Department, State Police Post in Madisonville and the Forensics Science lab at Western KY University. On the last day of the camp those participants who attended three of the first four days went to the prison in Eddyville and the Venture River Water Park.

Planning Time: 40-50 Hours

Length of Time for Activity/Program: We offered the camp twice during the summer. Each session lasted five days. The first four days were from 8:00am-12:00pm the fifth day was from 8:00am-4:00pm

Collaborative Partners: Three high school teachers planned and implemented this camp. The gifted and talented program coordinator also assisted in recruiting students to participate
 Project Cost: Teacher Salary \$1700, Bus Driver Salary \$160, Assistant Salary \$470, Supplies \$225, Travel \$350, Water Park/Lunch \$300

Goals/Outcomes Achieved: 1.) Increase students awareness of careers related to science. 2). Improve students science skills through hands-on lab experiences 3). Provide summer activity for students.

Outcomes: 1). Students reported an increase in their interest in science and related careers 2) a total of 45 students participated in the summer camp. 3) Six high school students were employed to assist with the camp. 4) A wide variety of students participated (gifted and talented to at-risk).

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source: We were able to use Title VI funds (innovative programs) and Goals 2000 funds for this program.

Summer and Part Time Job

Help Wanted Board

SMART Camp (South Muhlenberg Area Reading Team)

Summer Slide

Waiter and Waitress Clinic

Job Bank

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: The Harbour YSC | |
| School District: Calloway County | Coordinator Phone: (270) 762-7390 |
| Coordinator Name: Barbara Hendon | |
| Coordinator E-Mail: Barbara.Hendon@Calloway.kyschools.us | |

Component 1 Addressed: **Summer and Part Time Job Development**

Component 2 Addressed: **Employment Counseling, Training and Placement**

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Help Wanted Boards**

Description: I get on our local Murray Ledger and Times Newspaper Website, and copy and paste the Help Wanted Ads. The ones that aren't appropriate for our teens are deleted. Then I enlarge the ads so that they are easily read, they are then posted outside our office. I update them at least once a week. This allows students to look for part time jobs during the school year and especially toward the end of the school for those needing summer jobs. In the beginning I had announcements read on our morning TV announcements explaining the help wanted ads. It didn't take long until kids were checking it out.

Planning Time: Approximately 5 to 10 minutes

Length of Time for Activity/Program: Continues throughout the year

Collaborative Partners: none

Project Cost: \$0

Goals/Outcomes Achieved: Give the students an easy way to search for jobs available through our local newspaper. Many families cannot afford a subscription to the newspaper so this gives them an opportunity to get the information on help wanted ads for free.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRYSC |
| Center Name: SUNS YSC and Hughes-Kirk/Lake Malone FRC | |
| School District: Muhlenberg County | Coordinator Phone: (270) 338-3676 |
| Coordinator Name: Melissa Morris and Kim Meadows | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Summer and Part Time Job Development and Job Training**

Component 2 Addressed: **After School Child Care**

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **SMART Camp (South Muhlenberg Area Reading Team)**

Description: Elementary students in need of reading help were invited to attend SMART Camp for one week in the afternoons following summer school. High school students who served as reading coaches staffed the camp. The elementary students attended for free and the high school students were paid \$75 for the week. The afternoons were spent in reading group, writing group, and a health group.

Planning Time: About 2 weeks planning in addition to the week of camp.

Length of Time for Activity/Program: 3 hours each afternoon for five days

Collaborative Partners: School principals, guidance counselors, librarians, KY Promise initiatives, community members, Beta Club, National Honor Society, School Board Superintendent.

Project Cost: \$75 per high school reading coach, \$400 for T-Shirts and supplies, \$150 for food.

Goals/Outcomes Achieved: Elementary students received extra help and encouragement in reading. High school students received summer employment and an opportunity to gain experience in filling out applications, interviewing, and actually working.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Kentucky's Promise Initiative provided \$1500.00 mini-grant.

FRYSC Best Practices

| | |
|------------------------------------|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Jonathan-South FRC | |
| School District: Marshall County | Coordinator Phone: (270) 354-6450 |
| Coordinator Name: Melanie Thompson | |
| Coordinator E-Mail: | |

Component 1 Addressed: Summer Programs

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Summer Slides**

Description: We planned three separate days during the summer for our “Summer Slide” program. Each one of the days we brought in special presentations. We had drama workshop, an obstacle course provided by the health department and story time provided by the library. We also did “fun” but educational classroom activities each day. We provided lunch and snacks. We had outgoing 5th grade girls to help each day of the program and we paid them. We sent forms before school was out explaining the program and asking them to send the permission slip in if they were going to participate. We ordered t-shirts for each child that participated in the program.

Planning Time: 10 Hours

Length of Time for Activity/Program: 3 days- 4 hours each day

Collaborative Partners: Marshall County Health Department, Marshall County Public Library

Project Cost: \$1480.00

Goals/Outcomes Achieved:

Goals- To encourage summer reading and help retain information during the summer. We also wanted to provide children the opportunity to attend a summer program.

Outcomes Achieved- We had great attendance each day. We feel that each child that attended was more prepared for the new school year.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Ronald McDonald Educational Grant

FRYSC Best Practices

| | |
|--|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Todd County Youth Services Center | |
| School District: Todd | Coordinator Phone: 270-265-3670 |
| Coordinator Name: Kelli Templeman | |
| Coordinator E-Mail: kelli.templeman@todd.ky.schools.us | |

Component 1 Addressed: Summer and Part-time Job Development
 Component 2 Addressed: Employment Counseling, Training, and Placement

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Waiter and Waitress Clinic

Description: The Waiter and Waitress Clinic were made available to middle school aged students in 6-8th grade. This program lasted from 3p.m.-8:00pm with parent pickup at 8pm. Students who participated were educated on proper etiquette, proper (restaurant) server rules, do's and don'ts of server etiquette, ways to plan great meals, ways of being an effective and efficient hostess when dealing with costumers, and much more. After the teaching piece of the program, the YSC staff and 4-H Youth Development staff feed the students with Subway sandwiches and drinks, purchased by the YSC. After dinner, the students traveled to a local church to help serve both adults and teens during the FFA banquet that evening. The students were required to wear black pants and white shirts and were given chef hats to wear that evening, which only completed their dress attire.

Planning Time: 1.5 days

Length of Time for Activity/Program: 5 hours

Collaborative Partners: Cooperative Extensive Service, TCMS, local FFA chapter, YSC

Project Cost: Chef hats-approx. \$130.00 and Subway trays and drinks to feed 12 students \$80.00

Goals/Outcomes Achieved: YES; 100% enjoyment and learning by verbal comments from students and written stories of experience serving

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No
 Specify Funding Source: Youth Services Center FY 07

FRYSC Best Practices

| | |
|-----------------------------------|-----------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: Eagles Nest YSC | |
| School District: Christian County | Coordinator Phone: (270) 887-1461 |
| Coordinator Name: Mary Lovelace | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Summer and Part Time Job Development**
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Job Bank**

Description: An application was developed. The application is filled out by the student and signed by the parent. Once the application is returned to the YSC it is put on file to be used by the student as a reference tool. Available jobs are posted by the YSC on a board in the YSC. The jobs are community positions located by the YSC with use of newspapers and the internet. The YSC chooses jobs that are age appropriate for the students involved. Such jobs as babysitter needed, yard work needing done, fast food, etc. The students come into the YSC to view the board and take down the information about the position. The YSC offer the student a copy of their "Job Bank" application to be used as a tool to help them apply for the positions. The YSC Staff are available to answer questions and help with the actual application process.

Planning Time: Includes making copies of Job Bank applications, answering student questions and locating perspective jobs.

Length of Time for Activity/Program: Year Round, 12 months

Collaborative Partners: posts jobs from local paper and internet

Project Cost: purchase of paper and minimal YSC staff time.

Goals/Outcomes Achieved: Goal: to assist students in understanding the steps involved in locating and applying for a summer or part-time job.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

Substance Abuse Education and Counseling

Encouraging Good Opinions

OctSOBER month

Ladies Like Us

Hooked on Fishing, Not on Drugs

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: South Hopkins YSC | |
| School District: Hopkins | Coordinator Phone: (270) 825-6125 |
| Coordinator Name: Linda Lam | |
| Coordinator E-Mail: Linda.lam@hopkins.kyschools.us | |

Component 1 Addressed: **Drug and Alcohol Abuse Counseling**

Component 2 Addressed: **Educational Support**

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------------|-------------------|-------|
| Transition Programs | Community Partnerships | YSC Components | | |

Project Title: **Encouraging Good Opinions**

Description: Students with low self esteem are referred to the YSC Coordinator. The YSC Coordinator contacts community speakers regarding many topics such as drugs, alcohol, tobacco use, obesity, getting an education, setting goals, handwashing, etc. Students meet monthly for 30 minutes before school starts. Breakfast is provided for students.

Planning Time: 2 hours each month

Length of Time for Activity/Program: 30 minutes each month

Collaborative Partners: Community, parents, administrative staff, faculty

Project Cost: \$200.00

Goals/Outcomes Achieved: Students learn to look at themselves as a unique individual. They recognize peer pressure and learn how to deal with it. Students learn more about their community and what type of help is available to them and their families.

Which Standards and Indicators are addressed?

Outside Funding Source? XYes No

Specify Funding Source: YSC Program plan, Community agencies may provide information and materials needed.

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: HHS Pirates Island | |
| School District: McCracken | Coordinator Phone: (270) 538-4087 |
| Coordinator Name: Patty Poole-Davis | |
| Coordinator E-Mail: patty.poole-davis@mccracken.kyschools.us | |

Component 1 Addressed: Drug and Alcohol Abuse Counseling
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------------|-------------------|-------|
| | Community Partners | YSC Components | General | |

Project Title: OctSOBER month

Description: Planned around and with Red Ribbon Week activities. Risky Behavior prevention event. Lunch time booth setup with games, drawings, and information. Classroom door contest decorated using a Disney Villain theme. Breakfast party for winner. Pledge Wall in lobby. After school prevention event with outside agency help.

Planning Time: 2 hours/Afterschool event-5 hours

Length of Time for Activity/Program: ongoing during the month

Collaborative Partners: Health Department, Four Rivers Behavioral Health, SADD club, and Advisory Council

Project Cost: \$1500. /YES grant

Goals/Outcomes Achieved: Provide alcohol and drug free awareness activities. Student's participant in a Safe event.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No
 Specify Funding Source: Grant: \$1500

FRYSC Best Practices

| | |
|--|------------------------------------|
| Region #: | Center Type: FRC |
| Center Name: STAR Youth Service Center | |
| School District: Muhlenberg County | Coordinator Phone :(270) 338-3381 |
| Coordinator Name: Jeni Jenkins | |
| Coordinator E-Mail: | |

Component 1 Addressed: Drug/Alcohol, Character Ed (Optional Comp.), Health Services, Teen Pregnancy Prevention (Optional comp.)
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Ladies Like Us (Sleepover)

Description: 50 incoming 6th grade girls meet at North Middle afternoon and spend the night at the school. The girls are from 3 feeder elementary schools. We have special speaker that come and speak on personal hygiene, relationships in middle schools, abstinence, drug prevention and bullying and also a session on self-esteem and body image. During our bullying session we give them each a book by Rachel Simmons called Odd Girl Speaks Out and then we show the Lifetime movie Odd Girl Out. In between each activity throughout the night we play teambuilding and relay games with the girls to keep them awake and busy.

Planning Time:

Length of Time for Activity/Program: 15 hours!!

Collaborative Partners: Longest, Bremen and Central City Family Resource Center, school principal and guidance counselors, local drug speaker, Door of Hope Pregnancy Center in Hopkins County and psychologists from our Board of Education.

Project Cost: approx. \$600.00 which includes food for the night for 50 girls and 4 adults, door prizes, game prizes, and craft supplies.

Goals/Outcomes Achieved:

Goals- The goal is to help the girls from different schools get to know one another before school begins in the fall. It gives them a chance to meet new friends and helps them transition better from elementary to middle school. They receive information about how their bodies will be changing. They also receive some information that they will be taught in Middle school throughout the year such as drug prevention and bullying.

Outcomes achieved- The girls are excited when school starts back because they have already made new friends and it helps them to be more comfortable in the classroom, especially if they end up in a class without their elementary friends with them.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source: KY ASAP Grant

FRYSC Best Practices

| | |
|---|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Calloway County Family Resource Center | |
| School District: Calloway County | Coordinator Phone: 270-762-7333 |
| Coordinator Name: Michelle Hansen | |
| Coordinator E-Mail: michelle.hansen@calloway.kyschools.us | |

Component 1 Addressed: Optional-Community Collaboration
 Component 2 Addressed: Family Literacy, Families in Training
 Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | X | X | | |

Project Title: Hooked on Fishing, Not on Drugs

Description: Parents and children in the community are invited to a local farm for a morning of fishing together after a pre-registration period. The families are given lunch, the kids are given a t-shirt and a fishing product, such as a cane pole.

Planning Time: 10 Hours

Length of Time for Activity/Program: 4 hours

Collaborative Partners: Wal-Mart, Calloway County ASAP, Parent Power, Cooperative Extension Office, Park Department, Department of Fish and Wildlife, Other area business.

Project Cost: Approximately \$3000-In Kind and Cash Donations

Goals/Outcomes Achieved: The focus is that if we do things as a family, we are more likely to keep the lines of communication open with kids, and help prevent drug, alcohol tobacco and other drug use, along with prevention of other non-desire able behaviors.

Which Standards and Indicators are addressed?

Outside Funding Source? YES X NO

Specify funding source: In Kind and Cash Donations from several vendors, Wal-Mart, etc.

Family Crisis and Mental Health

Hope and Cope Memory Boxes

Bully Free Program

Santa Shoppe

Prom Angels

Bully Box

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: Marshall County Middle Youth Service Center | |
| School District: Marshall County | Coordinator Phone: (270) 395-2611 |
| Coordinator Name: Glenda Thompson | |
| Coordinator E-Mail: Glenda.thompson@marshall.kyschools.us | |

Component 1 Addressed: **Family Crisis and Mental Health Counseling**

Component 2 Addressed: **None**

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------------|-------------------|-------|
| | | YSC Components | | |

Project Title: **Hope and Cope Memory Boxes**

Description: Students who lose a friend or family member are given a memory box by the YSC. These boxes are recycled shoeboxes that student volunteers decorate. We also give the students a workbook about the grieving process that they can work through at their own pace.

Planning Time: Minimal

Length of Time for Activity/Program: Varies

Collaborative Partners: Student volunteers, community volunteers

Project Cost: \$12.00 for reproducible grief workbook

Goals/Outcomes Achieved: Students have a comforting way to deal with their grief. This program helps the center to know who to monitor for slipping grades and attendance.

Which Standards and Indicators are addressed? Standard 5:5, 1a Families and communities are active members in the learning environment.

Outside Funding Source? Yes X No

Specify Funding Source: YSC Allocation 100%

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #:1 | Center Type: FRC |
| Center Name: Todd County FRC | |
| School District: Todd | Coordinator Phone: (270) 265-3670 |
| Coordinator Name: Kelli Templeman | |
| Coordinator E-Mail: kelli.templeman@todd.kyschools.us | |

Component 1 Addressed: Family Crisis and Mental Health Counseling
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|------------------------------|-------------------|---------|
| General | Family involvement | Other Optional Components | General | General |

Project Title: Bully Free Program

Description: The program will affect students in grades k-12, their families and the community. The Bully Free Program was developed by Dr. Alan Beane and was recognized by the Todd County Schools Superintendent who wanted to improve this program due to the need for a bully-free program in our school system. This program is designed to target both victims and bullies in our schools k-12th grades. The program includes classroom lessons, bully free clubs, parent and community education, training for staff, and much more.

Planning Time: On going
 Length of Time for Activity/Program: On going

Collaborative Partners: Todd County Schools, FRYSC, Dr. Beane with Bully-Free Systems, Todd County community, students k-12 grades and their families.

Project Cost: This program is very costly if implemented school-wide, it would be estimated between \$4000-\$3000 + or -

Goals/Outcomes Achieved: Our mission is to enhance student's ability to succeed in school by developing and sustaining a safe and bully free environment. We would implement a district team, school teams at each of the 4 schools, train the community, teachers, and students about the bully issue and develop our on systematic policies and response plans to better design this program to meet the needs of our students.

Which Standards and Indicators are addressed?
 Outside Funding Source? X Yes No
 Specify Funding Source: Community Supporters may be involved in donating to the program as well as grants may have to be written depending on costs of the program overtime.

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: HHS Pirates Island | |
| School District: McCracken | Coordinator Phone: (270) 538-4087 |
| Coordinator Name: Pattye Poole-Davis | |
| Coordinator E-Mail: pattye.poole-davis@mccracken.ky.schools.us | |

Component 1 Addressed: Family Crisis and Mental Health Counseling
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------------|-------------------|---------|
| | Community Partners | YSC Components | Public Relations | General |

Project Title: Santa Shoppe

Description: One day free event that students may attend to choose and wrap gifts for their family members. Donated new items are divided on tables by gender (men, women, girls, boys, and babies).

Planning Time: 4-5 hours

Length of Time for Activity/Program: One entire day

Collaborative Partners: Advisory Council, Staff, Churches

Project Cost: Donations

Goals/Outcomes Achieved: Self esteem and Holiday asst./Family connection of sharing. Most students that attend usually do not give their parents/siblings gifts.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Donations

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: HHS Pirates Island | |
| School District: McCracken | Coordinator Phone: (270) 538-4087 |
| Coordinator Name: Pattye Poole-Davis | |
| Coordinator E-Mail: pattye.poole-davis@mccracken.ky.schools.us | |

Component 1 Addressed: Family Crisis and Mental Health Counseling
 Component 2 Addressed: Basic Needs

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|---------|
| | Community Partners | Basic Needs | Public Relations | General |

Project Title: Prom Angels

Description: Prom dresses are collected from donations. They are available in the YSC for free. Some are saved for the next year; others donated to Good Will.

Planning Time: 4-5 Hours

Length of Time for Activity/Program: March/ April

Collaborative Partners: Staff, parents, churches

Project Cost: 0

Goals/Outcomes Achieved: Financial help/Girls going to Prom that may not have

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No
 Specify Funding Source: Donations

FRYSC Best Practices

| | |
|-----------------------------------|----------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: Eagle's Nest YSC | |
| School District: Christian County | Coordinator Phone: (270)809-1902 |
| Coordinator Name: Mary Lovelace | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Family Crisis and Mental Health Counseling**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **The Bully Box**

Description: A form was developed containing the name of the bully, the person being bullied, what happened and the date. This form is filled out by the student. It can be anonymous. The filled out form is placed in the Bully Box by the student. The YSC staff retrieves the filled out forms, copies them for records and gives the original to the guidance counselors. They investigate the occurrence and give it to the assistant principal as needed for disciplinary action.

Length of Time for Activity/Program: year round, 12 months

Collaborative Partners: school administration

Project Cost: \$purchase of paper and drop box, approximately \$100.00

Goals/Outcomes Achieved: To decrease the occurrences of bullying by offering the opportunity for students to make school staff aware of the problem anonymously.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

Optional—Misc.

Parent Inventory
CATS Reward Testing Day
Summer Fun/Community Service Projects
Brandon Springs Camp
Testing Break for Teachers
Good Driver Goody Bags
New Student Packs
Christmas Assistance
Personal Hygiene Closet
Murray City Schools Santa Project
Make a Better Christmas
Reality for 5th and 6th grades
Best Attendance Award Program
KIDSWRITE
The Clockmasters
Take Home Skills Bags
Pen Pal Project
C.A.M.P. (The Calvert Area Mentoring Program)
Chat & Chew or Food & Fellowship
Take home skills folders

FRYSC Best Practices

| | |
|-----------------------------------|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Wingo Fancy Farm FRC | |
| School District: Graves County | Coordinator Phone: (270) 251-4873 |
| Coordinator Name: Tana Jones | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Optional—Parental Involvement**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Parent Inventory**

Description: Teachers are often asking for our help in finding resource speakers (usually in the areas of CATS Core Content). Parents are surveyed as to their expertise that they would be willing to share in the classrooms. FRC keeps a notebook of returned forms. Not all parents will be contacted, but you have a good collection of those who are willing in the event that they would be asked.

Planning Time: Minimal. Scheduling with teachers is the primary concerns.

Length of Time for Activity/Program: Varies

Collaborative Partners: School, parents, may want to involve PTO

Project Cost: none

Goals/Outcomes Achieved: To increase parent involvement in the school environment, providing in a positive presence for students and staff. Students learn valuable educational information from people they are familiar with and parents feel welcome to participate in learning activities.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|------------------------------------|-----------------------------------|
| Region #: 1 | Center Type: YSC |
| Center Name: STAR YSC | |
| School District: Muhlenberg County | Coordinator Phone: (270) 338-3381 |
| Coordinator Name: Jeni Jenkins | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Optional—Character Education/Student Recognition**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **CATS Reward Day for Students**

Description: The last week of school the students are rewarded with an all day field day in recognition of their efforts during CATS Testing. Each student has a checklist that will be filled out by their teacher each day of testing week. At the end of testing their score according to the checklist is added up and depending on their school, they are allowed to participate in Reward Day. The more points they get on the checklist, the more hours they can participate. Some examples of activities we have are: the football field is divided into four sections and we have 4 sports games going on such as softball, kickball, tug of war, etc. WE have board games set up in classrooms, video games set up in rooms, and we have computer games in the computer labs and carnival games in the front lobby. We also set up Playstation dance revolution on our big screen in our library. The gym is taken up by a DJ who plays music all day for those that wish to hang out and dance.

Planning Time: Approx. 2-3 months

Length of Time for Activity/Program: 1 full school day

Collaborative Partners: School Staff, YSC Coord., local DJ and local businesses.

Project Cost: Most of the cost is taken up by the school funds for door prizes and rental of inflatables and payment of the DJ. YSC helps with door prizes and getting door prizes donated. The amount would depend on the activities you provide and if you have to rent equipment and how much those rental fees are.

Goals/Outcomes Achieved: To help students understand the importance of doing their bests and giving 110% during testing week. We have more students who score proficient and distinguished in testing areas.

Which Standards and Indicators are addressed?

Outside Funding Source? XYes No

Specify Funding Source: School and local businesses

FRYSC Best Practices

| | |
|------------------------------------|-----------------------------------|
| Region #: 1 | Center Type: FRYSC |
| Center Name: Heart to Heart | |
| School District: Crittenden County | Coordinator Phone: (270) 965-9833 |
| Coordinator Name: Kathryn Turner | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Optional**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Summer Fun/Community Service Projects**

Description: Families/students are offered recreational/educational activities during the summer months when school is not in session. Activities include such things as: field trip to museums/colleges/historical sites, swimming lessons, bowling, movies/plays, etc. Some activities include a small fee for participants. At the beginning of the summer, families/students are offered the chance to participate in community service projects to earn credit hours. These credit hours can be used when there is a cost involved. Students may also earn credit for perfect attendance and honor roll.

Planning Time:

Length of Time for Activity/Program: Depends on activity

Collaborative Partners:

Project Cost: Cost per year: \$3000.00 (includes bus driver, fuel, supplies, and activities)

Goals/Outcomes Achieved: Offer recreational/educational activities to promote and support the networking of families in order to develop self esteem, develop academic and social interaction, reduce isolation, and promote family involvement in community activities.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Some participants pay fees when involved

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: C.W.E. Family Resource Center | |
| School District: Paducah Public Schools | Coordinator Phone: (270) 444-5740 |
| Coordinator Name: Donta Tyler | |
| Coordinator E-Mail: donta.tyler@paducah.kyschools.us | |

Component 1 Addressed: **Other-Optional**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Brandon Springs Camp**

Description: Took 40 3rd-5th grade students to Brandon Spring Camp that is a modern, well-planned facility located at Land Between the Lakes in Northwest Tennessee. The facility includes dorms, a dining hall, numerous trails, study sites, and wildlife feed-observation areas. The camp program is based on the concept that, through formal and informal participation, students will realize the importance of sustaining a quality environment. Students attending this camp will learn about conservation, environmental studies, woodsmanship, and wildlife preservation. They will take part in personal-social developmental activities, organized games and sports, and outdoor recreational activities such as canoeing, fishing and swimming.

Planning Time: See Schedule Below

Length of Time for Activity/Program: 2 nights/3 days (weekend)

Collaborative Partners:

Project Cost: \$1700.00

Goals/Outcomes Achieved: To expose 3rd-5th students to wildlife and plant life conservation; to enhance creativity, increase self-esteem, and develop social skills; to help develop problem solving skills, communication skills and leadership skills through activities that are teamwork based.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: LBL Grant (need to call to find out dates to apply) 270-924-2020

Brandon Springs Camp—page 2

Sample Schedule:

Week 1—April 17-21

- Send Letter to board office, including trip request
- Decide what staff members will attend trip
- Designate jobs, schedules
- Brainstorm parent names

Week 2—April 14-28

- Call and reserve busses and suburban
- Draft first letter to parent on information about Brandon Springs
- Schedule meeting with parents and have Brandon Springs staff speak
- Have staff meeting with staff going to Brandon Springs

Week 3—May 1-5

- Organize parent packets to be handed out at parent meeting
- Continue working on organizing individual rotation lessons

Week 4—May 8-12

- Talk to contact about Home Place 1850 lunches
- Confirm parents going—turn in final list of all adults
- Send home packet to parents (health forms, supplies, directions, etc.)
- Schedule a meeting with all teachers and chaperones

Week 5—May 15-19

- Purchase supplies for the trip (list from teachers and nurses)
- Gather all folder work for the students
- Copy papers (color coded) and put into folders
- Assign groups and dorms for students and leaders
- Plan night time activities with other FRYSC

Week 6—May 22-26

- Meet with parents
- Gather all forms, copy and turn into nurses for them to organize
- Send out Brandon Springs newsletter to parents informing them of departure time and emergency numbers

Week 7—May 29-31

- Confirm reservations with Home Place 1850 and Brandon Springs
- Notify parents that have not paid
- Pack supplies for the rotations
- Discuss rules and behavior with students
- Call bus garage to check on buses and suburban's
- Depart for Brandon Springs

FRYSC Best Practices

| | |
|--|---|
| Region #: 1 Center Name: STARS FRYSC School District: Carlisle County Coordinator Name: Kathleen O'Neill Coordinator E-Mail: | Center Type: FRYSC Coordinator Phone: (270) 628-3800 |
|--|---|

Component 1 Addressed: **Optional--Testing**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Testing Break for Teachers**

Description: We provide refreshments (cookies, sweets, tea, coffee, punch, etc.) soft music, silence, basically a place of respite for the teachers during the hectic testing week. The teachers enjoy the break, and get a chance to go through our Lending Library and talk to us about at-risk children in their classrooms of which we may not be aware.

Planning Time: 30 minutes

Length of Time for Activity/Program: Depends on center—could be there whole time or certain days

Collaborative Partners:

Project Cost: \$25-\$50

Goals/Outcomes Achieved: Make testing more successful and enjoyable. Provide our resources to the teachers. Learn of more students who need our assistance. Strengthen our connections with the schools. Carlisle County had some of the highest test scores in the state. Teachers often leave with materials or call us for some after they go through our Lending Library. Assisted more children after we learn of their needs.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|------------------------------------|-----------------------------------|
| Region #: 1 | Center Type: FRYSC |
| Center Name: STARS FRYSC | |
| School District: Carlisle County | Coordinator Phone: (270) 628-3800 |
| Coordinator Name: Kathleen O'Neill | |
| Coordinator E-Mail: | |

Component 1 Addressed: **Optional--Miscellaneous**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Good Driver Goody Bags**

Description: We received donated bags and materials from Drive Smart and our County Clerks office and created informational packets for our new drivers in the school system. The director of the Driver's Ed course passed them out during the session.

Planning Time: 1 hour

Length of Time for Activity/Program: 5 minutes

Collaborative Partners: Drivers Education

Project Cost: Free

Goals/Outcomes Achieved: To inform new drivers and caution them of the dangers of driving. Provide students with information about the Center. Students were provided the information; some come out to us for assistance.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|---|
| Region #: 1 Center Name: Wingo-Fancy Farm FRC School District: Graves County Coordinator Name: Tana Jones Coordinator E-Mail: | Center Type: FRC Coordinator Phone: (270) 376-2440 |
|---|---|

Component 1 Addressed: **Optional-Parent Involvement**
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **New Student Packs**

Description: As new students enroll in my schools, they receive a “new student pack” from the resource center. I had bags printed to say “Welcome to Wingo Elementary” or “Welcome to Fancy Farm Elementary School”. Each bag contains items with information about the resource center (pencil, notepad, brochure, business cards and magnet). These items are also provided for all Kindergarten students at the beginning of school.

Planning Time: I usually spend 2-3 hours filling enough bags to supply me throughout the school year.

Length of Time for Activity/Program: 10-15 minutes as a new student comes in.

Collaborative Partners: Guidance counselors, office staff at schools

Project Cost: \$420 for 750 bags, \$175 for 500 notepads, \$40 for 2000 business cards, \$52 for 1000 brochures, \$390 for 2500 pencils; \$336 for 1000 magnets -----last several years.

Goals/Outcomes Achieved: To make new students and their families aware of the resource center and the services it offers. Parents receive a warm welcome to a new community and school; they are informed of the center’s involvement with the school; they are invited to participate in what the resource center has to offer.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Todd County FRC | |
| School District: Todd County | Coordinator Phone: (270) 277-9055 |
| Coordinator Name: Sarah Evans | |
| Coordinator E-Mail: sarah.evans@todd.kyschools.us | |

Component 1 Addressed: Other Optional

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------------------|-------------------|-------|
| | Community Partnership | Other Optional Comp. | | |

Project Title: Christmas Assistance

Description: Letters are sent home with all students in the elementary schools informing them of the program. They return the letter if they need assistance with Christmas. We then mail out a form with financial information, needs and sizes with a self addressed envelope. All families requesting help must go through a short one on one interview, held at CBS office. This eliminates those who do not really need help. Information "Angel" cards are then placed at banks, given to churches, and civic clubs wanting to adopt an "Angel". We ask that the gifts be unwrapped so that they parent will be able to see that the gifts are appropriate for children, Cash donations are used to purchase gifts for children who were not adopted or to purchase supplemental items for those that are a little skimpy. We have some donations of food or food baskets that we give to the families with the most need. We mail a letter to the parent with their family number and a time for pickup. Pick up day is the Saturday after we get out of school for Christmas. We schedule pick up times every 5 minutes. We do not deliver gifts.

Planning Time: Very Intensive, especially the week that we get out of school for Christmas.
Length of Time for Activity/Program: Initial letters go out in October ending at December

Collaborative Partners: Churches, Civic groups, Citizens in the county.

Project Cost: under \$100 of center funds.

Goals/Outcomes Achieved: To assist underprivileged children to get Christmas gifts

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: Community Donations

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: HHS Pirates Island | |
| School District: McCracken | Coordinator Phone: (270) 538-4087 |
| Coordinator Name: Patty-Poole-Davis | |
| Coordinator E-Mail: patty.poole-davis@mccracken.kyschools.us | |

Component 1 Addressed: Optional--Basic Needs
 Component 2 Addressed: Referrals to Health and Social Services (YSC)

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programing | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | Community Partnership | Basic Needs | | |

Project Title: Personal Hygiene Closet

Description: Maintain deodorant, shampoo, body wash, cotton balls, combs, tampons, and other personal grooming items that have been donated by Advisory Council members, staff and other outside agencies.

Planning Time: 30 min. to send out a plea for donations

Length of Time for Activity/Program: on-going

Collaborative Partners: Parents, staff, and agencies. (Health Dept. Hospitals, etc.)

Project Cost: Minimal

Goals/Outcomes Achieved: To assist with self esteem issues/connection with students

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|---|
| Region #: Center Name: Jonathan-South FRC School District: Marshall County Coordinator Name: Melanie Thompson Coordinator E-Mail: | Center Type: FRC Coordinator Phone: (270) 354-6450 |
|---|---|

Component 1 Addressed: Optional--Basic needs
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Santa Project

Description: The last of October we send home an informational/form letter to each student in the school. We send home to all students because we have some families that worked at General Tire (or at Fisher Price the year they closed) that may need help although their child at Fisher Price the year they closed) that may need help although their child may not be on free or reduced lunch. The form will have the following: parent/guardian info, child/siblings (in household) name and ages, clothing sizes, shoe size, a wish list and a box to check if they want their info to remain confidential. We state in our letter that everyone may not receive assistance. When we get the forms back we pair them with a sponsor. The sponsor will bring the items back to us and we call the parent/guardian to come pick up the gifts or deliver them, if we need to. If a sponsor wishes to deliver we give them someone that doesn't care if we share the information. We compare list regularly with other organizations in the county (Needline, Toys for tots, etc) to make sure no one is "double dipping"

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners: Community

Project Cost: none to FRC

Goals/Outcomes Achieved:

Goals- Each Child has Christmas!!

Outcome achieved- We have really good success with this other than the ones that have grown up to expect our help each year. I am hoping to come up with a solution to that problem.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|-------------------------------------|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Murray FRYSC | |
| School District: Murray Independent | Coordinator Phone: (270) 759-9592 |
| Coordinator Name: Opal Oakley | |
| Coordinator E-Mail: | |

Component 1 Addressed: Optional--Coordination of Services

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title:

Description: Forms are sent home in early November to list the children's sizes. Students eligible for the free lunch program are eligible to participate but the program may also include families experiencing difficulty due to job loss, illness, etc. The forms are placed in a notebook from which sponsors select child/children. Donated funds are used to shop for children that are not sponsored. Many sponsors enjoy delivering the gifts to the home; for those that return them to the center- the parents are called to pick up the gifts. This works very well because the gifts are quickly cleared out to alleviate a space problem. Volunteers deliver any gifts that cannot be picked up by parents.

Planning Time:

Length of Time for Activity/Program: 305 participants

Collaborative Partners: Area business, schools and individuals, M.S.U. Students.

Project Cost:

Goals/Outcomes Achieved:

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|------------------------------------|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: County-Wide Activity | |
| School District: Muhlenberg County | Coordinator Phone: (270) 338-3002 |
| Coordinator Name: Sandy Alward | |
| Coordinator E-Mail: | |

Component 1 Addressed: Optional--Family Assistance

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Make a better Christmas

Description: All FRYSC work together with other community agencies to provide Christmas Assistance for families. One coordinator is the contact person for everyone. 3 part forms are filled out and the contact person keeps one copy of reference. Churches, business and individuals call to make sure that families are being provided for. Fund raisers are done throughout the year and individuals make contributions to the Make A Better Christmas fund at a local bank.

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost:

Goals/Outcomes Achieved:

Goals- To provide insure that all families that are in need of assistance for Christmas a taken care of without double dipping.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source: Make a Better Christmas

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Boyle County Family Resource Center | |
| School District: Boyle County | Coordinator Phone: (859) 854-0031 |
| Coordinator Name: Lori Gann | |
| Coordinator E-Mail: bcfrc@searnet.com | |

Component 1 Addressed: Optional--Academic Achievement
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Reality World for 5th and 6th grade

Description: This is a scaled down version of Reality Store that we do with our 5th and 6th graders. The kids really like it and it fits into the school's Consolidated Plan. It fits into our grant under PACE. We invite parents to participate and also send a letter home explaining what will be going on and ideas for activities to do at home. Also, it is a great dropout prevention tool.

Day 1- I invite someone from one of our local banks to come and teach a lesson on how banks work and check writing. During Reality World (RW), the students write out checks for every transaction that they make. They also keep a running check register. This lesson on banking really helps. The students also enjoy having a guest speaker! After the lesson, they draw out of a hat for careers, families, chance, and a medical chance. We these in an envelope with their name on it and give it back to them on day 2.

Day 2- We meet in the cafeteria and divided into small groups. The number you have in each group depends on how many volunteers you have. RW works best with 5 or less in a group. I try and round up volunteers about a month in advance. Most of them I find at our monthly UHS meeting. Each group leader (volunteer) is given a binder filled with all of the information that they will need for that day as well as blank check registers and blank checks. I make 5 copies of each handout and put them into plastic pockets in the binder. This way each student will have a copy to look at (learned from this experience). The students then open their envelopes that have their career, family, and chances in them and record their monthly income on the first line of their check register. I have made handouts for each transaction. The transactions are: Uncle Sam, buying or renting a house, utilities, home owners/renters insurance, life insurance (optional), child care, groceries, health & beauty, cars, car insurance, clothing, telephone & cable, and entertainment. If it looks like the students are running out of money before the end of the month, they may visit the SOS table to get a second job or assistance. A volunteer who makes sure that the student has made wise decisions before issuing them a second job also mans the SOS table.

After everyone is finished (it usually take 1 ½ hours) we have a brief discussion about what they have learned, what is not fair, etc....Then each student who make sit through the month with

plenty of money outs some into savings gets a PayDay candy bar and those that run out of money get a Zero candy bar. The big difference between our RW and 4-H Reality Store is that the students do not move around in RW. They stay seated in their groups the whole time unless they need to get a 2nd job. Also for 5th grade, we use play money instead of checks.

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners: FRC staff, community volunteers

Project Cost: printing costs and costs of the candy bars are the only cost involved

Goals/Outcomes Achieved:

Goals-

Outcomes Achieved-

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Central Family Resource Center | |
| School District: Graves County | Coordinator Phone: (270) 247-4626 |
| Coordinator Name: Juliana Reyes De Nunez | |
| Coordinator E-Mail: Juliana.reyes@graves.kyschools.us | |

Component 1 Addressed: Optional--**Educational Support**

Component 2 Addressed: **Other-Optional (Personal Development)**

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **Best Attendance Reward Program**

Description: Monthly attendance competition between classes (homerooms); every month each class will receive a calendar to be placed on the classroom door, where the teachers mark down all the days the entire class was present. At the end of each month, the class with the highest attendance percentage will win an ice cream party (or an activity they have chosen). Each student in the class receives a tag showing they have won the attendance competition for the month. Calendars and tags are designed by FRC according to the month of the year. www.imagestuff.com

Planning Time: 8-10 hours

Length of Time for Activity/Program: 30 minutes per month (variable)

Collaborative Partners: Teachers, Guidance Counselor, Director of Pupil Personnel

Project Cost: Tags \$210 per year (#250 tags) Reward Party \$10 per month

Goals/Outcomes Achieved: To help improve attendance school wide

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Calvert Sharpe Family Resource Center | |
| School District: Marshall County | Coordinator Phone: (270) 395-4869 |
| Coordinator Name: Carrie Whitaker | |
| Coordinator E-Mail: | |

Component 1 Addressed: Optional--**Educational Support**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **KIDSWRITE**

Description: Elementary school students (3rd-5th grade) were chosen to through teacher nominations and FRC referrals to be a member of the Kidswrite Club. Member of the high school Beta Club volunteered to be a “pen pal” to the younger students for the school year. The students were invited to a party at the high school where they ate pizza, played games, and met their Kidswrite partner. The Party was held after school from 3-5pm. The students than began to write letters to each other. A mailbox was put at the elementary school where the students could drop off and pick up letters. Another party was held at Christmas for the partners to get together once more. Another party is planned for the end of the year.

Planning Time: The most time consuming part is finding participants, getting permission slips, etc. Also, permission slips are needed for each of the parties. After that the only time it takes is transporting letters once a week to and from the high school and elementary school. (and attending parties (planned by Beta Club).

Length of Time for Activity/Program:

Collaborative Partners: Other FRCs in the county, High School Beta, district transportation office

Project Cost: About 10 per mailbox

Goals/Outcomes Achieved: To increase self esteem, behavior, and writing/reading skills of the students. This is the first year that we have done this program, but we have already seen improvements in many of the students (behavior and academics). Most of the participants are very excited and proud to be in the club and have developed good relationships with their partners. Next year we are going to shorten the program to end at Christmas because there is so much going on the second semester at the elementary and high school levels.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|-----------------------------------|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Jonathan-South FRC | |
| School District: Marshall County | Coordinator Phone: (270) 354-6450 |
| Coordinator Name: Shannon Hensley | |
| Coordinator E-Mail: | |

Component 1 Addressed: Optional--**Educational Support**

Component 2 Addressed: **Other-Optional (Attendance)**

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **The Clockmasters**

Description: At the beginning of the new school year this program starts. How the program works is students who have perfect attendance and no tardiness at the first nine weeks will receive a popcorn and coke party during school. We have also had a movie, an ice-cream social, and an extra recess as a prize for students. Students are also recognized on a bulletin board in eh school. Parents of those students will have their name entered into a drawing that will take place at the schools' Christmas program for a gift certificate from Wal-Mart or another prize that you feel parents will be particularly interested in. The gift certificate works great since the first drawing is near Christmas. You can get prizes donated or you can collaborate with PTO. At the end of the second nine weeks, those students who have perfect attendance, with no tardiness for the second nine weeks also received a party and are recognized. The parents of those students are also entered into the drawing. If a child has perfect attendance and no tardiness for the first and second nine weeks, then the parents are entered twice. The program will continue for the third and fourth nine weeks.

Planning Time: Planning a party once every nine-weeks. We advertise the program by sending a letter home to parents and the principals announce the program to the students.

Length of Time for Activity/Program: One hour every nine weeks.

Collaborative Partners:

Project Cost: donations

Goals/Outcomes Achieved: To improve attendance among students. Students become very excited about the program and we have seen an increase in our attendance rate this school year.

Which Standards and Indicators are addressed?

Outside Funding Source? X Yes No

Specify Funding Source: donations

FRYSC Best Practices

| | |
|-----------------------------------|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Jonathan-South FRC | |
| School District: Marshall County | Coordinator Phone: (270) 354-6450 |
| Coordinator Name: Shannon Hensley | |
| Coordinator E-Mail: | |

Component 1 Addressed: Optional--**Educational Support**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: **The Take Home Skill Bags**

Description: This program targets improving academic performance in Math, Grammar, Spelling and Writing. On the back of the monthly newsletter from the Family Resource Center we advertise this program along with sending an email to all the teachers. Each bag contains a folder of specialized activity sheets, paper, pencils, stickers for rewards, flashcards, and brochures for parents on “how to help your child with homework” We have eight different bags, which target specific problem areas: Addition, Subtraction, Multiplication/Division, Fractions, Time, Money, Spelling, Grammar and Writing. Each bag contains problems for Kindergarten up to fifth grade (except the writing folder that is targeted for grades 3 and up). On the back of our monthly newsletter we have a form that parents can fill-in and send to their child’s teacher and we will send one home with the child. Parents can also come to our center and pick one up.

Planning Time: Very little-creating folders an initial time.

Length of Time for Activity/Program: Ongoing

Collaborative Partners: Teachers

Project Cost: flashcards for math, folders, copying costs

Goals/Outcomes Achieved: The program aims to improve academic performance in those subjects that students have more difficulty in such as math and writing. The writing folder in particular is useful because it helps prepare those 4th grade students with portfolios.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|---------------------------------|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: KAPS FRYSC | |
| School District: Hickman County | Coordinator Phone: (270) 653-2291 |
| Coordinator Name: Vickie Batts | |
| Coordinator E-Mail: | |

Component 1 Addressed: Optional--Educational Support
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Pen Pal Project

Description: Fourth grade students are paired with other 4th graders from a school in a neighboring county. Students complete a short bio form that tells their favorite hobbies, sports, book, food, etc. Students are then paired with a pen pal based on these interests. They write letters to each other once every month or however you want to set up the schedule. At the end of the year, a get together is provided that allows the students to meet one another, play games, and have a cookout.

Planning Time: Approx. 2 hours in the beginning, then the time it takes to deliver the letters to the other school.

Length of Time for Activity/Program:

Collaborative Partners: Teachers and G/T Coordinator

Project Cost: FRYSC's provide: writing paper and envelopes, food for the end of the year cookout. (There is no postage cost because we partner with a school that is 15 miles away so we make arrangements to exchange the letters with the other Resource Center)

Goals/Outcomes Achieved:

Goals- To provide the opportunity to enhance practical writing skills and writing scores.

Outcomes Achieved- Students learn to write personal letters. They are motivated to write because it makes writing fun. They look forward to each letter.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|--|---------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Calvert Sharpe Family Resource Center | |
| School District: Marshall County | Coordinator Phone: 270-395-4869 |
| Coordinator Name: Carol Coplen | |
| Coordinator E-Mail: | |

Component 1 Addressed: Optional--Educational Support

Component 2 Addressed: Family Support

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Calvert Area Mentoring Program (c.a.m.p.)

Description: The Calvert City United Methodist Church organized an after school program for approximately 9 first and second graders. The bus takes the students to the church Monday-Thursday from 3:30-5:00. The students have a snack, storytime, homework, crafts, computers, and playtime. Teachers are volunteers who are retired and have had a background check. The FRC recruits, does paperwork and collaborates with teachers, mentors, parents.

Planning Time: Time is spent finding the materials/booklets, coordinating with school to have the correct materials needed. Working with teachers and parents to make the proper referrals is part of the planning time also.

Length of Time for Activity/Program:

Collaborative Partners: FRC, title I, Teachers

Project Cost: Church pays Director's salary and for all materials.

Goals/Outcomes Achieved:

Goals- To improve basic reading and math skills, bringing them up to grade level.

Outcomes Achieved- Increased learning, better grades, self-esteem improved

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|---|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Storm YSC | |
| School District: Hopkins | Coordinator Phone: (270) 258-9549 |
| Coordinator Name: Dana Byrum | |
| Coordinator E-Mail: dana.byrum@hopkins.kyschools.us | |

Component 1 Addressed: Optional--Educational Support
 Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------------|-------------------|-------|
| General | Genera; | YSC Components | | Staff |

Project Title: Chat and Chew or Food and Fellowship

Description: Monthly meeting group with faculty and staff to learn about YSC programs. Each month we come together as a group during the lunch periods to have lunch together and learn about programs. All participants are divided into groups and each group is responsible for lunch during one month. You only have to bring food one time but you get to eat every month. We have approx. 78 participants so there are about 13 people per group. Someone is in charge of each group and they come up with a theme or decide what to bring. They are in charge of making sure there will be enough food for everyone and reminding everyone to bring. We have it the first Friday of every month.

Planning Time: 1-2 hours at the beginning because you have to divide everyone up evenly and make sure you have included everyone. Don't forget custodians, cafeteria, and grounds keepers. You do have to have a location where you can make sure everything is warm and ready by the first lunch. Also you have to wash all the dishes and return or put dishes in a central location for pickup. You spend approx. 30 min to 1 hour getting ready and cleaning up.

Length of Time for Activity/Program: We have 3 lunch periods so ours is from 11:25-1:05

Collaborative Partners: YSC Staff, Faculty, & Staff at school

Project Cost: \$100.00-200.00 (we provide the plates, napkins, forks, spoons, and drinks)

Goals/Outcomes Achieved: To increase the knowledge of the school as a whole about the programs that are available and to allow faculty and staff time to get to know each other.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|----------------------------------|-----------------------------|
| Region #: | Center Type: FRC |
| Center Name: Calvert Sharpe FRC | |
| School District: Marshall County | Coordinator Phone: 395-4869 |
| Coordinator Name: Carol Coplen | |
| Coordinator E-Mail: | |

Component 1 Addressed: Optional--Educational Support
 Component 2 Addressed: Family Support

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Take Home Skills Folders

Description: Elementary school students and their families are encouraged to request a TAKE HOME SKILLS FOLDER to work on at home. Advertised in our monthly newsletter, the folders come in a variety of subjects including: time. Money, writing, reading, comprehension, addition/subtraction, multiplication/division, fractions, grammar, and spelling. There are stickers, flash cards, pencils and more included in each folder.

Planning Time: Time is spent finding the materials/booklets. Some can be copied, others just handed out. Packaging supplies and finding inexpensive flash cards is a challenge sometimes.

Length of Time for Activity/Program:

Collaborative Partners: Businesses who provide a discount on supplies

Project Cost: about 10 Dollars per folder.

Goals/Outcomes Achieved:

Goals- To increase self-esteem, behavior, and writing/reading and other skills of the students.
 Outcomes Achieved- Increased learning, parent involvement, better grades, self-starting initiative.

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

Other Ideas:

*Everyday Best Practices
Documentation Notebook
Hug O Grams*

FRYSC Best Practices

| | |
|--|-----------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: Wingo Family Resource Center | |
| School District: Graves County | Coordinator Phone: (270) 376-2223 |
| Coordinator Name: Tana Jones | |
| Coordinator E-Mail: tana.jones@graves.kyschools.us | |

Component 1 Addressed: **Other-Everyday Best Practice**

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|--|-------|
| | | | Time Management and Record Keeping | |

Project Title: **Documentation Notebook**

Description: to keep track of the important center documentation that is always to be kept onsite, I use a 3 ring binder with tab dividers, noting each required document. Documents in my notebook include the program administration contract, free meal eligibility form, most current needs assessment data, advisory council by-laws, comprehensive school improvement plan, center inventory, etc. This notebook is kept behind my desk with my grand, budget ledger, best practices handbook, and administrator's guidebook.

Planning Time: Rare brainstorm for the idea!

Length of Time for Activity/Program: Lots of time saved from having to hunt through files to find our most important documents.

Collaborative Partners: Anyone else that's interested

Project Cost: Cost of 3 ring binder and tabs

Goals/Outcomes Achieved: A little peace of mind!

Which Standards and Indicators are addressed?

Outside Funding Source? Yes X No

Specify Funding Source:

FRYSC Best Practices

| | |
|-----------------------------------|-----------------------------------|
| Region #: | Center Type: FRC |
| Center Name: Wingo-Fancy Farm FRC | |
| School District: Graves County | Coordinator Phone: (270) 251-4873 |
| Coordinator Name: Tana Jones | |
| Coordinator E-Mail: | |

Component 1 Addressed: Everyday Best Practice

Component 2 Addressed:

Specific Program/Area (optional):

| School Readiness/ Achievement | Community/ Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|----------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Prepare a caddy or bag with items needed to decorate or prepare for a program. Items included may be: tape, scissors; stapler, lighter, etc. When doing a program off-site, these items will all be ready in one location to pick up and take with you.

Description:

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost:

Goals/Outcomes Achieved:

Which Standards and Indicators are addressed?

Outside Funding Source? Yes No

Specify Funding Source:

FRYSC Best Practices

| | |
|--|---------------------------------|
| Region #: 1 | Center Type: FRC |
| Center Name: HOPE Family Resource Center | |
| School District: Caldwell County | Coordinator Phone: 270-365-5554 |
| Coordinator Name: Pam Bates | Coordinator E-Mail: |

Component 1 Addressed: Other
 Component 2 Addressed:

Specific Program/Area (optional)

| School Readiness/ Achievement | Community/Parent Involvement | Programming | Center Operations | Other |
|----------------------------------|---------------------------------|-------------|-------------------|-------|
| | | | | |

Project Title: Hug O Gram

Description: This can be used for parenting workshops, child care appreciation day, teacher/staff appreciation day, etc.
 Includes Sheet with sayings, jokes, pictures and quotes on it.

Planning Time:

Length of Time for Activity/Program:

Collaborative Partners:

Project Cost: Very Little

Goals/Outcomes Achieved: Encourage and lift others up, persons feeling appreciated and encouraged.

Which Standards and Indicators are addressed?

Outside Funding Source? YES NO Specify funding source: